Message from the Principal

Hi Everyone,

Congratulations Miss Knell!

On Friday I had the honour of presenting an award to Miss Knell on behalf of the Australian Football League. Miss Knell was recognised as the Female Ambassador for her work in promoting the AFL and Australian Rules football. Primarily this was done by supporting the introduction of the AFL9s game in schools as well as her work in coaching the Mount Evelyn girls U12 team. At Montrose PS we know that Miss Knell not only supports Australian Rules, but just about every sport you can mention. And the children of Montrose all benefit because of her encouragement to give them all a try.

Grade List Organisation commencing soon.

Grade lists will also soon be created, with many factors taken into account. The student’s social grouping, academic needs and abilities, opportunity to develop extra responsibilities and the development of children’s emotional resilience all play a part in the decision making process. The relative importance of each depends on each individual child. Hence teachers will give a different weighting in order to maximise the benefits of a child’s educational setting. You may have some information or concerns regarding your child’s placement. (Note that this input should not take the form of requesting a particular teacher). Please do not go directly to your current child’s teacher. Rather contact Kylie Fisher or Neil Pollard before Friday 6th November either by phone or in writing so that your concerns can be included in the decision making process.

Neil Pollard
Thank you Rachel Cooke, Janet Morrison and Julie-Ann Carlson for your help in the canteen on Friday and Darleen Larcombe and Ruth Osborne for helping on Wednesday.

This week’s helpers are Emily Watson for Wednesday 4th November and Terri Archer, Rachel Fichtner and Arathi Jensen for Friday 6th.

Thanks.
Alison

Sales Assistant Wanted!

Do you have an hour spare on a Wednesday afternoon?

The Uniform Shop is looking for another volunteer to assist with uniform sales and order processing. To help, you would need to be available at the school from 2.45 – 3.30pm each Wednesday afternoon. Tasks include helping parents with selecting and sizing uniform, packing orders, restocking shelves and occasional stocktaking.

If you could help, please contact Stacey on 0434 357 178.
Value of the Week

Truthfulness

What is it?

Trustworthiness means you can be relied upon to do what you said you would do.

It means others can count on you to keep your word, no matter how difficult it becomes.

Trustworthiness is being worthy of other people's trust.
**PERSISTENCE** is this term’s new YCDI Key for Success. You can demonstrate Persistence by: believing ‘I can do it’; giving 100% effort all the time; and not giving up when something feels like it’s too hard to do.

This week’s award winners are:

Award winner: **James G 4B**

Why do you think you got the award? *Because I changed my attitude*

My Hero is:  
**My pet dog**

My favourite things about school are:  
**P.E**

When I grow up I want to be:  
**A motor mechanic**

Award winner: **Jake H Prep H**

Why do you think you got the award? *I have a never give up attitude*

My Hero is:  
**My Dad**

My favourite things about school are:  
**P.E**

When I grow up I want to be:  
**A football player**
Enrich and extend your Maths and problem solving skills!

DUE DATE: Thursday 12th November by the end of lunchtime.
Place in orange Maths Masterclass box at the office.

REMEMBER: You don’t need to have reached a correct answer to enter. It is all about the learning process, not the answer.

Good luck!

Mr Storr

Maths Masterclass- Prep, Grade 1 & 2
Question 3: In A Pickle

If you’re in a fickle mood, Pickles are the perfect food.

Some are sour, some are sweet, Either way, they’re good to eat!

How many pickles in this bunch? Try subtracting in a crunch.

Imagine eight in every row, Just subtract and you will know.
Congratulations to the Grade 3-6 Maths Masterclass Winners:

Dylan (4VW) and Tayla (6C)

for making fantastic Maths movies on graphs and triangles!

You can see their movies on the Montrose Primary School Facebook Page.
Do you have a child needing help with their emotions and feelings?

Are they struggling with worry or anger? Feeling sad or scared? Anxious?

Needing guidance with kindness or resilience?

Our school library has some great resources to help you and your child. Come in and pick up our 'Emotional Wellbeing Resources' booklist. It will guide you to some great books to share with your child.

**Topics include:**
- Worry
- Individuality
- Arguments
- Conflict
- Problem solving
- Being scared
- Sadness
- Moods
- Loneliness
- Love
- Anger
- Kindness
- Resilience
- Happiness
- Feelings & emotions
Once stuff about you goes online there is no knowing who will see it, or when they will see it.

What's the issue?

Things that are posted online may seem like they are 'here today, gone tomorrow', but this is not the case. When images and videos of our 'bad hair day' or latest crazy exploits are posted online they can end up anywhere in the world and be re-used in ways that we never intended—even years later.

Why does it matter?

- Other people cannot see inside your head, so the 'you' that they know is the one you show them through what you say and do. This includes your offline self and your online self.
- We form impressions everyday about people we don't know personally. We use whatever information we have to do this, for example, pieces of their work, pictures of them or comments they made in a forum. Other people will form opinions of you in exactly the same way.
- Digital material is no longer under your control once it has been shared, even if it is only shared with people you trust. Once stuff about you goes online there is no knowing who will see it, or when they will see it.

Advice

Prevention is better than trying to mop up later

- Think twice before putting material online—what would this look to your Grandparents, your teacher or your friends? What about in ten years time?

Keep things in perspective

- Be realistic about the impact of what has gone online—if it is a bit embarrassing but otherwise harmless, learn from the experience and move on.

Be clear about who you want to be online and offline

- Let other people know that you don't want them putting embarrassing material about you online.
A Parent’s Perspective

Join other parents in hearing Mel share her thoughts about some of the day to day realities that parenting a child with a disability brings: working to meet your children’s needs, finding the resources and support team which work for you, building resilience yourself and in your family life. Mel is the parent and full time carer of 3 children with a disability.

Lunch is provided and will be an opportunity to meet and get to know other parents. Following lunch, parents can share their views about what would support them in their parenting journey, and ask questions of an “expert panel”, including parents and representatives of disability groups.

Who: All parents and carers of children aged 0 – 18 years with a disability
When: Wednesday 25th November 2015, 11.00am – 1.30pm. Lunch provided
Where: Japara Living & Learning Centre, 54 Durham Road Kilcivan
Bookings & Enquiries: Call Parentzone: Julia on 9735 6190 or Gill on 9735 6123
This session is FREE of charge to attend but bookings are essential for catering purposes. Please advise any dietary requests when you book.
Child Care: Is available at Japara on request. Please call Japara on 9728 3587 to make a booking.
LEARNING MUSIC IMPROVES RESULTS IN OTHER SUBJECTS

eg Mathematics

YOUR CHILD DESERVES THIS CHANCE !!

Enrol NOW in ............

PIANO ON KEYBOARD LESSONS
16.50 per half hour lesson

* Convenient – in school time
* Inexpensive
* Learn with Friends (max 3 per group)
* All equipment provided
* INDIVIDUAL tuition

ONE FREE LESSON IF YOU ENROL NOW
Phone 9761 9058
**Twilight Christmas Market**

**Friday, November 13th**

4 - 9 p.m.

Overbeek Lodge,
736 Mt. Dandenong Road, Kilsyth

- Crafts
- Gifts
- Flowers & Plants
- A huge range of foods to consume and take home
  - Kids Activities
- Ollibollen, poffertjes,
- Sausage sizzle,
- Coffee,
- Croquettes
- A special visit from Santa and Sinterklaas

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**Bukido KIDS KARATE**

More practical self defence.
Open six days a week with heaps of classes to choose from.

**$12 per class** *(No Contracts)*

Bukido Kids Karate has been in the area since 1988. Our professional Martial Arts centre is at 20A William Street East - Lilydale (just off John St behind UltraTune.)

Website is - www.bukidokarate.com.au

Phone Bella on 97351138 any day after 3pm

* This offer ends 24th Dec 2015. New students only.
SAFETY AWARENESS WORKSHOPS

GKR Karate is running two FREE Safety workshops at Montrose Primary School.

This class is designed to teach your child sound principles of self defence and safety awareness. If your child has ever been bullied or is lacking self confidence then this may be the best thing they have ever done.

Thursday November 5 & 12
1.45 - 2.15pm
Montrose Primary School (gym)
11 Leith Road, Montrose

All ages welcome
To reserve your spot or for more information then text or call Jacob Horne on 0431 375 678 or Harley McKean on 0433 711 637.

Permission slip - Safety Awareness Workshop

I, ____________________________________ give permission for my child: ____________________________________ to attend the Safety Awareness Workshop held by GKR Karate.

Signature: ____________________________________ Mobile: ____________________________________