SCHOOL CALENDAR

July
22-23 Whole School Production
Thur 23 Canteen Open
Thur 30 Australian Mathematics Competition

August
Mon3-Sun 9 Chinese sister-school visit
Fri 14 Grade 6 Hoop Time - Kilsyth
Fri 21 Grade 3/4 Hoop Time - Kilsyth
Thur 27 Interschool Chess Comp-Montrose PS
Fri 28 Grade 5 Hoop Time - Kilsyth

September
1-4 Grade 5 Camp, Coonawarra
14-15 Grade 3 Camp- Mt Evelyn

Other
Recess: 11.00am to 11.30am
Lunch hour: 1.30pm to 2.30pm
Uniform Shop: Wednesdays, 2.45pm to 3.30pm

2015 Term Dates
Term 2 - 13 April to 26 June
Term 3 - 13 July to 18 September
Term 4 - 5 October to 18 December

Canteen Lunch orders to be in by 9am Wednesday and Friday

REMININDER: All newsletter items must be in by Friday night in order to ensure they are included in the following week's newsletter.

Message from the Principal

Hi Everyone,

Welcome back
I hope you have enjoyed the midyear break and had the opportunity to spend a little more time with your kids. We are certainly in the midst of a very cool spell. Please make sure your child’s uniform is named... especially the hoodies and fleeces, as they are the clothing items that make their way to the ‘lost property’ box.

Another Warm Welcome
First day back for term three saw us welcome new staff member, Mrs Veronica Paps. Mrs Paps will be taking over the reins of grade 1A till the end of the year. Veronica has spent the vacation working with the grade 1 team familiarising herself with the grade 1 planning and has also spent extensive time with Katrina Gardiner exchanging information about the children in the class. I feel most confident that this will be a very smooth period of transition.

Production: Circus Splendida is upon us
There is a buzz of anticipation humming through the school as we begin term three. Wednesday of next week is our big final practice where we will get to see it all come together. I know that everyone is waiting for the show to begin. What could be better than when the circus comes to town?

Chaplaincy update
At the time of printing we are still in the process of employing a chaplain. Please keep an eye on the newsletter for news in this matter.

Neil Pollard

Leith Road, Montrose 3765
Correspondence to: P.O. Box 123, Montrose
Ph 9728 2203, Fax: 9761 9359
Email: montrose.ps@edumail.vic.gov.au
Web site: www.montroseps.vic.edu.au

Principal: Neil Pollard
Assistant Principal: Kylie Fisher
School Council President: Julie McDonald
After School Care 9728 5491
Welcome back everyone and into term 3. Delicious, hot, homemade soup is still available for all of term to help warm up your Wednesdays and of course Footy Hot Dog day is something to look forward to at the end of term.

Thank you Rachel Cooke and Janet Morrison for your help in the canteen on the last Friday of term and Caroline Peat for helping on the last Wednesday. This week’s helpers are Darleen Larcombe for Wednesday 15th July and Terri Archer, Rachel Fichtner and Arathi Jensen for Friday 17th July.

**Canteen is CLOSED on Wednesday 22nd July due to Production rehearsal**

**CArTEEN IS OPEN THURSDAY 23RD**

Soup for Thursday 23rd is **Potato and Leek Soup!** Remember to get your order form in by the end of **Tuesday**.

Thanks.
Alison

Potato and Leek Soup  (& dinner roll) Thursday 23 July
Name: .......................... ..........................................................
Grade: ................................................................. ..........
$4.00 encl.
Please return to the office by 3.30pm Tuesday
Montrose P.S proudly presents Circus Splendida

Production Tickets go on sale as of Monday 15th June 7am
Sales close for each night at 1 pm on the day of that show.

VENUE: George Wood Performing Arts Centre,
Yarra Valley Grammar School, Ringwood
Enter from Kalinda Rd, Ringwood
(Melways: 50 D1)

DATES: Wed 22nd & Thurs 23rd July 7:30pm

TIME: 7:30pm prompt start,
anticipated finish 9:00pm (no interval)

TICKETS: All tickets are $15
➢ All young children will need to have their own seat for the
  performance in the interest of safety and visibility for other patrons.
  Toddlers should not be seated on the lap of an adult.
➢ Students performing on the night do not require a ticket.
➢ A small booking fee of 30c applies per ticket.
➢ There is a limit of 8 tickets per booking transaction.

ENQUIRIES: Mrs Kylie Fisher BH: 9728-2203 E: montrose.ps@edumail.vic.gov.au

Process For Buying Tickets

1. Internet Purchases through Trybooking
   a. Go to the website http://www.trybooking.com/HXUP
      (Montrose P.S Circus Splendida page)
   b. Follow the prompts on the screen to order your tickets and select your own seats.
   c. Print your own tickets to bring along on the night.

      (Payment by credit card (Mastercard/Visa) accepted)

      OR

2. Office Payment for families without Internet or Credit card facility
   a. Contact the office in person or by phone. You will need to place an order including
      night/s and number of tickets with payment.
   b. Best available tickets will be allocated every few days. The tickets will be printed and
      sent home with your child.
VALUE OF THE WEEK:
CONFIDENCE

What is it?

Confidence is feeling self-assured. It comes from trusting yourself. When you are confident in others you know you can rely on them and trust them.

When you are confident you act from a position of strength so you are prepared to risk trying or learning new things. Confidence means you don’t allow fear to keep you from doing what you really want to do. Instead of being afraid of failure you see mistakes as opportunities to learn from.
COMING IN Term 3

Children's Book Week runs from 22-28 August 2015. The theme this year is ‘Books light up our world’.

* Read the Book Week Award winners, come dressed for the fancy dress parade, see special show... and lots more!

***

National Literacy Numeracy Week

Literacy Week, from 31 Aug-6 Sept, is a great time for lots of activities & displays at the school.

* Come & see what is going on in the library...

***

Book Bugs is our lunchtime bookclub for story lovers in our junior school (preps, grade 1 & 2).

It’s a great time to come along & listen to stories from Mrs Johnson-Claire.

***

Chatterbox is our lunchtime bookclub for book lovers in grades 3-6.

We get together & talk about our fave reads! Come along & we'll tell you about some great reading recommendations!

***

Continuing in Term 3

The Victorian Premiers' Reading Challenge continues this term, so keep reading & adding to your PRC online reading record. See how many books you can read between now and the end of August, when the reading deadline ends.

***

Scholastic Book Club - approx 3 times per term, Scholastic book club brochures will be sent home. If you want to purchase, simply mark your choice on the order form, follow the payment instructions & return your order form to the School Office by the nominated date.

**Good quality books at reasonable prices**
On Tuesday 23rd, last week of second term,
Choir took place but not to learn.
They set off at lunch to Tullamore,
And the residents there, ‘What a sight they saw!’
Ten songs they sang which was a lot to do,
Especially for the members who were new.
The Montrose Song was an awesome start,
But one voice stole the show with Darcy’s solo part.
They belted out tunes that were fantastic,
But unfortunately, quite a few kids felt sick.
The room was hot, they needed a breeze,
But they couldn’t because the residents would freeze.
They sang about colours in Paint the Ocean,
Motown Medley put dancing in motion.
The choir then said ‘Hi’ to everyone,
The residents were overjoyed and said ‘Well done!’
They just had time for a special treat,
A bag of icy poles for us to eat.
Sadly it was over for another year,
We all said goodbye, ‘We enjoyed coming here!’

By Tayla Mc 6C
Schools, Peer Groups & Parents

Everyone has a part to play in developing a positive culture and encouraging students to look out for each other.

How can schools counter bullying?

The vast majority of students do not want bullying to occur, but often don’t know how to stop it. The rate of bullying in schools is consistent over time—it hovers around 1 in 5 students and has done so for years.

The reason for this is not that prevention programs are ineffective, but that there is consistently a percentage of young people who believe that bullying is an acceptable way to interrelate. These people need to be educated that bullying is not acceptable—ever.

This means that schools should have ongoing campaigns and programs to prevent bullying, to intervene effectively when incidents occur, to celebrate diversity, and to promote friendship and positive social behaviours.

The culture of a school is set by the leadership and teachers, but it is students and parents that can really make it strong. When students feel empowered to tell adults when bullying occurs, to create opportunities for positive relationships and make commitments not to engage in bullying they can establish a positive peer group culture that makes a huge contribution to the school culture.
How can peer groups counter bullying?

Most students are heroes in waiting but they need to be encouraged to realise it. The idea that you can and should stand up for others, rather than being a passive observer to bullying, is an important value which should be actively promoted.

There are several ways schools can do this:

- Students can sign a pledge or an agreement not to passively condone or accept bullying wherever it occurs and whoever is involved. This reduces anonymity and increases positive commitment.
- Students can receive training in 'resilience': a set of skills which predicts good outcomes for young people and is also associated with less bullying in schools. They are then empowered to develop projects to create a positive change in their school or community. These students are often called Resilience Ambassadors.
- Festivals of friendship—these are student run and organised days that broaden connections between students and have been shown to be effective in increasing resilience and reducing bullying.
- Bullying partly occurs when we see other people as less human and less sensitive than they truly are. When we connect people and encourage them to act heroically in the face of bullying, the cultures of schools change. Heroism is the enemy of bullying.
- Groups or alliances can celebrate diversity in the school population, and take a stand against racism, sexism and homophobia.

How can parents support their children in countering bullying?

- Be vocal supporters, in a positive manner, for the importance of schools being safe and friendly places where no one feels bullied or intimidated.
- Encourage teachers to conduct programs that involve students in creating great schools.
- Support your child in effectively intervening in bullying incidents. Teach children to use comments like "that's not cool", "don't be mean" and "come on, you're a better friend than that". The effects are powerful and can change schools.
Would you like to be a part of building YOUR children a new exciting play area?
NEW GAGA PIT FOR OUR CHILDREN

DO YOU HAVE CARPENTRY SKILLS?

Help with odd jobs around the school would also be greatly appreciated.

Join us on the 1st of August
next to the school bike shed
10AM - 3PM

Free BBQ LUNCH PROVIDED
Annual General Meeting

The Parents Club Committee elected at the AGM for 2015-2016

• President - Priscilla Rees-Condon
• Vice-President - Joanna Carland
• Secretary/Assist Treasurer - Gemma Heemskerk
• Communications Officer - Jenny Tarulli
• BBQ Coordinator - Melanie Barley

We are currently looking for someone to fill the following positions which are vacant. A position description is available at the office if you would like to know more, or contact Priscilla on 0413 664 280.

Parents Club positions still available:
• Volunteer Coordinator
• Raffle Coordinator
• General Committee Members

We would love for you to join us at Parents Club. So come on board!

New Books at the library!

Parents Club donated $500 to new books for the school library.

Here are some 'bookworms' from 5C celebrating with some of the new books!
Woolworths Earn & Learn Is Back!
Start collecting from 15 July – share this with your family and friends!

Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for our school!

From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet.

There’ll be one Woolworths Earn & Learn Sticker for every $10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, located at the school office.

We can redeem our Earn & Learn Stickers for valuable education resources.

1. Shop at Woolworths & collect your stickers
2. Put stickers on your Earn & Learn sticker sheet (coming home soon)
3. Return to the marked box located at the school office

Additional sticker sheets can be collected from the school office, or downloaded from www.woolworths.com.au.
Disco Success!

The students had a great time at the in-school disco on June 19th! Plenty of dancing to music provided by Matt Stone of Noise Craft Studio, and many of the kids enjoyed wearing their 'disco clothes' to school for the day!
DON'T LOSE THIS NOTICE
TERM 3
ENROL NOW
KEYBOARD LESSONS AT SCHOOL
IN-SCHOOL TIME

YOUR CHILD DESERVES THIS CHANCE
THIS IS YOUR OPPORTUNITY
Enrol NOW in............... PIANO ON KEYBOARD LESSONS $16.50 HALF HOUR lesson
* Convenient - in school time
* Affordable
* Learn with Friends
* All equipment provided
* INDIVIDUAL tuition

ONE FREE LESSON IF YOU ENROL NOW
Phone 9761 9058

Groovy Grooms
Mobile Dog Grooming
Services Include:
Warm Fresh Hydro Bath
Flea Rinse
Ear Clean
Nails
Blow Dry
Servicing all Eastern Suburbs
0417 357 551
groovygrooms.com.au

The Little Flower Shoppe
Beautiful flowers for
home • weddings • events • corporate
seasonal plants • giftware • chocolates
delivery
03 9728 2835
849 Mt Dandenong Road, Montrose, Victoria, 3765
www.thelittleflowershoppe.com.au
flowers@thelittleflowershoppe.com.au
facebook.com/thelittleflowershoppe.montrose
Goods and Services

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The Department of Education & Early Childhood Development does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education & Early Childhood Development for accuracy of information contained in the advertisements to claims made by them.

Boys for Beginners
FREE WORKSHOP

Want to understand the ‘nature’ of boys?
To improve communication with them?
Overwhelmed by their non-stop energy?

Join us to learn tips and new strategies to better understand and nurture your sons.

Thursdays from
7pm to 9pm
July 30 to August 27
(five weeks)

BOOKINGS ARE ESSENTIAL
These two-hour Boys for Beginners sessions are held at
Wandin Preschool
10 Union Road
Wandin North

For more info: Helena Laveria
at Anglicare Victoria
9725 6134 or 0488 501 264
anglicarevic.org.au

MONTROSE COMMUNITY MARKET

3rd Saturday of the month. Next one 18th July 2015.
New stallholders welcome. Stall space $20.00 each month.
For more information please contact Lesley Moore Ph: 9779 6057

Prep Boys After School Basketball Teams

Could all parents please ensure they purchase their basketball singlets by the end of this week – Friday 17th July. The cost for the top is $40 plus a $10 Registration Fee. These payments are to be made at the office.

The singlets can be collected from Nicky Thomas in the school Hall any day this week at 3:30pm.

The Friday night competition commences week 3 – Friday 31st July.
Fixtures will be available soon.
Winter Wednesday's Canteen Menu 2015
Terms 2 & 3

Please place correct money in paper bag/lunch wallet with your child's name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you. Snacks and drinks will also be for sale at play times.

**SOUP** (homemade and served with a dinner roll) $4.00

Soup flavour of the week will be advertised in the newsletter the week before.
All soups need to be pre-ordered. Please fill out an order form and hand into the office by 3.30pm Tuesday. Order forms will come home with your child each Monday night. If extra food is ordered this can be done with the soup order on a paper bag/lunch wallet or include 20c for a bag. All other orders that do not include soup can be handed in as usual on Wednesday morning.

<table>
<thead>
<tr>
<th>Hot Food</th>
<th></th>
<th>Sausage Roll</th>
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<tbody>
<tr>
<td>Cruiser Pie</td>
<td>3.50</td>
<td>Sausage Roll</td>
<td>2.80</td>
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<tr>
<td>Mini Meat Pie</td>
<td>1.50</td>
<td>Pizza - Hawaiian</td>
<td>3.00</td>
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<tr>
<td>Macaroni Cheese</td>
<td>3.50</td>
<td>- Margarita</td>
<td>3.00</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>3.50</td>
<td>Hot Roast Chicken &amp; gravy Roll (cheese 40c extra)</td>
<td>3.20</td>
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<tr>
<td>Corn Cobbett</td>
<td>1.00</td>
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**Mexican Wrap** (sweet chilli chicken tender wrapped in a tortilla with cheese, avocado, tomato, lettuce) 3.70

<table>
<thead>
<tr>
<th>Snacks</th>
<th></th>
<th>Cheese</th>
<th>2.50</th>
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<tbody>
<tr>
<td>Apple slinky</td>
<td>0.80</td>
<td>Cheese</td>
<td>2.50</td>
</tr>
<tr>
<td>Apple from home slinky</td>
<td>0.20</td>
<td>Ham &amp; Cheese</td>
<td>3.50</td>
</tr>
<tr>
<td>Fruit cubes - strawb/apricot</td>
<td>0.20</td>
<td>Tuna &amp; Cheese</td>
<td>3.50</td>
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<tr>
<td>Dried Fruit - apple - 0.20c or apricot</td>
<td>0.10</td>
<td>(plain tuna or tomato onion flavour)</td>
<td></td>
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<tr>
<td>Mini Wheats/Wild Berry Bites</td>
<td>0.05</td>
<td></td>
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<tr>
<td>Homemade Anzac</td>
<td>0.20</td>
<td></td>
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<tr>
<td>Piranha Vegie Chips bbq/s&amp;b/honey soy</td>
<td>1.20</td>
<td></td>
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<tr>
<td>Sakatas Rice Crackers bbq/chick</td>
<td>0.70</td>
<td></td>
<td></td>
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<tr>
<td>Popcorn (butter/salt&amp;vin/cheese)</td>
<td>1.20</td>
<td></td>
<td></td>
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<tr>
<td>Raisin Toast (buttered)</td>
<td>0.50</td>
<td></td>
<td></td>
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<tr>
<td>Homemade Fruit Muffins</td>
<td>1.50</td>
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<tr>
<td>Choc Chip Cookie</td>
<td>1.00</td>
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<tr>
<td>Jam Drop/Honey Butterfly (allergy friendly)</td>
<td>1.50</td>
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<tr>
<td>Fruit and Nut Ball (GF)</td>
<td>0.50</td>
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**Drinks**

- Just Juice – orange or paradise punch 1.50
- Flavoured Milk - choc or strawb 2.00

**Frozen Snacks**

- Golden Circle Fruit tubes 1.00
- Moosies Milk Freeze (choc/strawb/blue/ban) 1.50
- Bulla Fruit and Yogurt stick 1.30
- Frozen Juice cups (apple/orangme) 1.00
- Frozen Pineapple Rings (counter sale only) 0.40

**Fresh Fruit Bowl**

Fresh fruit in season sold over the counter
Friday Canteen Menu 2015

Please place correct money in a paper bag / lunch wallet with your child's name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

Snacks and drinks will also be sold over the counter at play times.

<table>
<thead>
<tr>
<th>Sandwiches/Rolls Rolls EXTRA 30c</th>
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<tbody>
<tr>
<td>Salad (tomato, cucumber, carrot, beetroot, lettuce)</td>
</tr>
<tr>
<td>Ham/Chicken (add 20c per salad item)</td>
</tr>
<tr>
<td>Tuna (plain or tomato, onion flavour)</td>
</tr>
<tr>
<td>Egg and Lettuce</td>
</tr>
<tr>
<td>Vegemite / Cheese</td>
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<tr>
<td>Vegemite and Cheese</td>
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<table>
<thead>
<tr>
<th>Jaffles</th>
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<tbody>
<tr>
<td>Baked bean</td>
</tr>
<tr>
<td>Cheese</td>
</tr>
<tr>
<td>Cheese and tomato</td>
</tr>
<tr>
<td>Ham and cheese</td>
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<tr>
<td>Ham, cheese and tomato</td>
</tr>
<tr>
<td>Tuna (plain/tom) and cheese</td>
</tr>
<tr>
<td>Chicken and cheese</td>
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<table>
<thead>
<tr>
<th>Salad Box BYO fork please</th>
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</thead>
<tbody>
<tr>
<td>Egg salad (lettuce, tomato, cucumber, carrot)</td>
</tr>
<tr>
<td>Cheese salad</td>
</tr>
<tr>
<td>Chicken salad</td>
</tr>
<tr>
<td>Ham salad</td>
</tr>
<tr>
<td>Tuna salad (plain/tom, onion flavour)</td>
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<table>
<thead>
<tr>
<th>Wraps</th>
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<tbody>
<tr>
<td>½ wraps available</td>
</tr>
<tr>
<td>Tuna, cheese and salad</td>
</tr>
<tr>
<td>Ham, cheese and salad</td>
</tr>
<tr>
<td>Chicken, cheese and salad</td>
</tr>
<tr>
<td>Salad and cheese</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Extras Add:</th>
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<tbody>
<tr>
<td>Salad item - 20c, cheese - 40c, avocado - 50c, tortilla chips - 1.00, tomato sauce &amp; mayo - 20c each</td>
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<table>
<thead>
<tr>
<th>Sushi Rolls</th>
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<tbody>
<tr>
<td>Teriyaki chicken and cucumber</td>
</tr>
<tr>
<td>Tuna and avocado</td>
</tr>
<tr>
<td>Soy sauce</td>
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<table>
<thead>
<tr>
<th>Fresh Fruit Salad (ONLY TERMS 1&amp;4)</th>
</tr>
</thead>
<tbody>
<tr>
<td>(melons, kiwi, strawbs, grapes etc)</td>
</tr>
<tr>
<td>ADD scoop of vanilla yoghurt</td>
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<table>
<thead>
<tr>
<th>Fresh Fruit Bowl – pieces of fruit in season sold over the counter</th>
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<table>
<thead>
<tr>
<th>Hot Food</th>
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<tbody>
<tr>
<td>Cruiser Pie (Mrs Macs light)</td>
</tr>
<tr>
<td>Mini Meat Pie (Mrs Macs good eating)</td>
</tr>
<tr>
<td>Pizza - Hawaiian</td>
</tr>
<tr>
<td>- Margarita</td>
</tr>
<tr>
<td>Sausage Roll (Mrs Macs good eating)</td>
</tr>
<tr>
<td>Macaroni Cheese</td>
</tr>
<tr>
<td>Fried Rice</td>
</tr>
<tr>
<td>Hot roast chicken and gravy roll</td>
</tr>
<tr>
<td>(long white roll - cheese extra 40c)</td>
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<tr>
<td>Corn cobbett</td>
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<tr>
<td>Tomato sauce</td>
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<table>
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<tr>
<th>Drinks</th>
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<tbody>
<tr>
<td>Just Juice (200ml)</td>
</tr>
<tr>
<td>- orange/paradise punch</td>
</tr>
<tr>
<td>Flavoured Milk (250ml)</td>
</tr>
<tr>
<td>- chocolate/strawberry</td>
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<table>
<thead>
<tr>
<th>Snacks</th>
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<tbody>
<tr>
<td>Apple slinky</td>
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<tr>
<td>Apple from home made into slinky</td>
</tr>
<tr>
<td>Fruit cubes - strawberry or apricot</td>
</tr>
<tr>
<td>Mini Weights/Wild Berry Bites</td>
</tr>
<tr>
<td>Dried fruit - apple - 20c or apricot -</td>
</tr>
<tr>
<td>Piranha Vegie chips -</td>
</tr>
<tr>
<td>bbq cheese/S&amp;V/honey soy</td>
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<tr>
<td>Popcorn - butter, S&amp;V, cheese</td>
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<tr>
<td>Sakatas Rice Crackers bbq/chicken</td>
</tr>
<tr>
<td>Homemade Anzacs</td>
</tr>
<tr>
<td>Buttered Raisin toast</td>
</tr>
<tr>
<td>Homemade Fruit Muffin</td>
</tr>
<tr>
<td>Choc Chip Go Cookie</td>
</tr>
<tr>
<td>Jam Drop/Honey Butterfly(allergy friendly-GF)</td>
</tr>
<tr>
<td>Fruit and Nut Balls (GF)</td>
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<table>
<thead>
<tr>
<th>Frozen Snacks</th>
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</thead>
<tbody>
<tr>
<td>Golden Circle 99% fruit tube</td>
</tr>
<tr>
<td>Moosies Milk Freeze (all flavours)</td>
</tr>
<tr>
<td>Bulla Fruit and Yoghurt stick</td>
</tr>
<tr>
<td>Frozen Juice cups (apple/orj)</td>
</tr>
<tr>
<td>Frozen pineapple rings (counter sale only)</td>
</tr>
</tbody>
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Issue: February 2015