SCHOOL CALENDAR

August
Wed 20 Grade 3 / 4 Hoop time
Thu 21 It's a Mad World - all grades $2
Fri 22 Bookworm for 2015 Preps: 2-3pm
Tue 26 Grade 3 & 4 Excursion - Melbourne's Tall Ships
Fri 29 Bookworm for 2015 Preps: 2-3pm

September
Mon 1 Fathers Day Stall (Grade 5 only)
2-5 Grade 5 Camp Coonawarra
Thu 4 Fathers Day Stall
15-16 Grade 3, Camp Oasis
Fri 19 Jump Off Day - jump rope for heart
Fri 19 Last day of school, 2.30pm finish

October
27-29 Grade 4 Camp Phillip Island

2015 School Photos
Mon 2 March - All School Photos

Other
Recess: 11.00am to 11.30am
Lunch hour: 1.30pm to 2.30pm
Uniform Shop: Wednesdays, 2.45pm to 3.30pm
Canteen Lunch orders to be in by 9am Wednesday and Friday

2014 Term Dates
Term 3 - 14 July to 19 September
Term 4 - 6 October to 19 December

REMAINDER: All newsletter items must be in by Friday night in order to ensure they are included in the following week's newsletter.

Message from the Principal
Hi Everybody,

My apologies for not including the biography of local resident Major Charles Morris in last week's newsletter. Hopefully it does appear in today's edition.

Our adjustment to the Excursion Policy and the set timeline for payment and signed permission slips has been operating smoothly allowing teachers to finalise their paperwork well before the bus arrives to take their classes on the excursion. Last Tuesday the 1/2s had a terrific day at Healesville Sanctuary whilst the 5/6s followed up on Wednesday with a trip to the Immigration Museum and Chinatown. This trip saved quite a bit in the costings by having the group travel by train. Thanks to all the families who had the children at the station at the right time, and more importantly were there for the pickup. What an experience! Please note, as has been the practice in the past, please contact the office if a number of excursions/camps for your children are close together and are causing difficulty.

Bus Policy Change
Last week at Council a change to the Camps and Excursions Policy was passed. The change will affect the type of bus hired for local excursions. At present, all buses hired for camps and excursions, such as last Tuesday's trip to Healesville, have used buses fitted with seatbelts. In the past, shuttle runs such as we do on short trips to the Kilsyth pool and Croydon Aths track may, or may not have the belts fitted, depending on which buses were available. This has now been standardised so that all buses used by the children will have belts.

Please note that, though this change will have been passed on to all the schools we share sports transport with, I anticipate that there will be the odd error, which will cause the cancellation of an event. Please bear with us as this is bedded in.

The full Camping and Excursions Policy, (of which the seatbelt alteration is but a small part), along with others are on the school website.

Neil Pollard
Thank you Sandra Rowe, Rachel Fichtner and Sandra Anderson for your help in the canteen on Friday and Kylie Sheperd for helping on Wednesday. This week’s helpers are Karen Wheeler for Wednesday 20 August and Lauren Johnstone, Emma Hedges and Kathryn Rigg for Friday 22 August.

Please Note:
Orange Juice Cups are now in stock in replace of Pineapple.

Next week’s soup for Wednesday 27 August is Chicken Noodle soup.

Alison

Chicken Noodle Soup (& dinner roll) 27 August

Name: ..........................................................

Grade: ..........................................................
$3.50 encl.    BYO SPOON

Please return to the office by 3.30pm Tuesday
## Workers of the Week

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
<th>Nickname</th>
<th>Gender</th>
<th>Grade</th>
<th>Value</th>
<th>House</th>
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<tr>
<td>Anna L</td>
<td>PC</td>
<td>Ben McK</td>
<td>1C</td>
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<td>3/4S</td>
<td>5H</td>
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<tr>
<td>Henry P</td>
<td>PC</td>
<td>Sharmika M</td>
<td>1C</td>
<td></td>
<td>3/4S</td>
<td>5H</td>
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<tr>
<td>Cale R</td>
<td>PH</td>
<td>Kaden D'A</td>
<td>1M</td>
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<tr>
<td>Tirion R</td>
<td>PH</td>
<td>Fynn K</td>
<td>1M</td>
<td></td>
<td>3/4V</td>
<td>5N</td>
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<tr>
<td>Jesse W</td>
<td>PH</td>
<td>Saxon P</td>
<td>1R</td>
<td></td>
<td>3/4V</td>
<td>6F</td>
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<tr>
<td>Olivia O'R</td>
<td>PK</td>
<td>Matilda P</td>
<td>1R</td>
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<tr>
<td>Noah R</td>
<td>PK</td>
<td>Ollie L</td>
<td>2G</td>
<td></td>
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<td>6N</td>
</tr>
<tr>
<td>Kaelan B-F</td>
<td>PS</td>
<td>Coco M</td>
<td>2G</td>
<td></td>
<td>3/4Y</td>
<td>6N</td>
</tr>
<tr>
<td>Taj C</td>
<td>PS</td>
<td>Veronique S</td>
<td>2G</td>
<td></td>
<td>3/4Y</td>
<td>6N</td>
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<tr>
<td>Sebastien R</td>
<td>PS</td>
<td>Mia M</td>
<td>2N</td>
<td></td>
<td>3/4Y</td>
<td>6N</td>
</tr>
<tr>
<td>Mia G</td>
<td>1A</td>
<td>Tyler R</td>
<td>2N</td>
<td></td>
<td>3/4Y</td>
<td>6P</td>
</tr>
<tr>
<td>Britannia M</td>
<td>1A</td>
<td>Charlee-Jade B</td>
<td>3/4B</td>
<td></td>
<td>5C</td>
<td>6P</td>
</tr>
</tbody>
</table>

### Sport Star: Alia T
### WOW: Georgie C, Kayla D, Grace R

### Artist of the Week: Elliot S 5N
### WOW: Paige A 2N, Mia W 1C, Amy P 2G, Saxon P 1R

### Panda Award: Dylan O 3/4Y
### WOW: Rosalee C 3/4V

### Drama: Jemima W

### Music: Darcy H-Y

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## Value of the Week

### Enthusiasm

<table>
<thead>
<tr>
<th>Name</th>
<th>Team</th>
<th>Nickname</th>
<th>Gender</th>
<th>Grade</th>
<th>Value</th>
<th>House</th>
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<tr>
<td>Harrison B</td>
<td>PC</td>
<td>Lexie C</td>
<td>3/4B</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>Brody A</td>
<td>PH</td>
<td>Ela G</td>
<td>3/4S</td>
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<td></td>
</tr>
<tr>
<td>Koby L</td>
<td>PK</td>
<td>Dylan G</td>
<td>3/4V</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ryan S</td>
<td>PS</td>
<td>Gus C</td>
<td>3/4Y</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Mia G</td>
<td>1A</td>
<td>Tristan L</td>
<td>5C</td>
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<td></td>
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</tr>
<tr>
<td>Lucia R</td>
<td>1C</td>
<td>Taj S</td>
<td>5H</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hannah B</td>
<td>1M</td>
<td>Thomas B</td>
<td>5N</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lexy M</td>
<td>1R</td>
<td>Chloe J</td>
<td>6F</td>
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<tr>
<td>Stephen C</td>
<td>2G</td>
<td>Tim S</td>
<td>6N</td>
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</tr>
<tr>
<td>Henry S</td>
<td>2N</td>
<td>Tom Y</td>
<td>6P</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Value of the Week:

#### Peacefulness

Peacefulness is an inner sense of calm.

It comes especially in moments of quietness. Peacefulness and calmness are ways of approaching conflict with others or with yourself, so that no one is made wrong. It helps create positive interactions with others.
LIBRARY LINKS

"Connect to reading!"

Children's Book Week

- Competitions in the library:
  - 'Connect the clues with the books' - this competition has been distributed to every student. It's a page of picture clues from lots of different children's books. How good are you at remembering authors, book titles, series & book characters?
  - 'Guess how many connector lollies' - in the library there is a block made of connector lollies (they look like LEGO bricks). How many connector lollies are in that block? Take a look! Have a guess!
    
    Clue: it's a number between 100 and 200.

PUT YOUR NAME & CLASS ON YOUR ENTRY (One [1] entry each in each competition) & post your entry into the correct box in the library.

Will you be a prize winner?

Come in to the library and see all the Children's Book Week winners on display.

Do you agree with the judges' choice?
Which one would you pick as your winner?
SPORT SHORTS

GRADE 3-4 HOOPTIME
Our Grade 3-4 students have been busy training in preparation for the Grade 3-4 Hoop Time Competition tomorrow (Wednesday):
Wednesday August 20th at the Maroondah Basketball Stadium

On the day students are required to be at school by 8:30am, wear black shorts with no pockets, bring lunch and a drink bottle. If students own the Montrose Primary Afterschool Basketball top (black and orange) then they wear this on the day. Students who do not have a top will be supplied one at the stadium.

DISTRICT ATHLETICS
Approximately 75 students from Grades 3-6 have been selected to participate at the District Athletics Carnival on September 12th. They have received a notice about this including training details, permission form and event times. Selection in this team was based on results throughout P.E. lessons and at the House Athletics Carnival. We wish the team the best of luck. The first training session is tomorrow (Wednesday) at school 8am. Training will finish slightly earlier due to Hoop Time on the same day.

BIKE EDUCATION - GRADE 5
The Grade 5 Bike Education program commences in the last week of Term 3 with bike checks. Please ensure your child has an adequate bike for this valuable program. More information will come home soon.

Miss Knell

JUMP ROPE FOR HEART – PARENT / CHILD CHALLENGE
Last week at assembly Mr. Pollard set the challenge of the first parent/child skipping demonstration at assembly! We would love to have a parent/child combination so if this is for you - then please come and see me ASAP!
It's a great community opportunity and one your family will remember forever! So overcome those fears and join in the skipping fun!

SKIPPING SKILLS...
WHICH ONES CAN YOU DO?
- Forward skips in 1 minute
- Backward jump
- Criss Cross Forward and Backwards
- Continuous Criss Cross
- Continuous backward Criss Cross
- Two in one rope
- Jogger step
- Pretzel
- Double Under
- Long Rope
- Link Jumping

SPORT STAR OF THE WEEK
Name: Alia T Grade: 3/4W
Nomination reason: For her effort and determination to improve her Basketball goal shooting - well done!
What’s the most important thing about sport? Trying your best
My favourite sport is: Basketball
My favourite thing about P.E. lessons: Playing Basketball
My favourite football team: Richmond
My sporting hero: Brandon Ellis
At lunchtime I like to: Play Basketball
The best thing about school is: Sport
My favourite food: Chicken wrap
When I grow up I want to be.... A teacher
Working Bee Postponed

As the area for our digging pit is still very wet, the Grounds Committee has had to postpone the August 24th Working Bee until the ground dries out a bit more.

Stay tuned for notification of the revised date – resumption of work on the Digging Pit is planned for early in term 4.
Our YCDI Key for Success this term has is CONFIDENCE. The habits of mind for the CONFIDENCE key to success are: Accepting Myself, Being Independent and Taking Risks. The Junior and Senior Confidence, You Can Do It award winners for the fifth week of Term 3 are:

This student has set herself up to gain an increase in her confidence during the year. She has made an effort to speak up and to be active in situations where she has felt a bit uncomfortable, and now those sorts of situations don’t seem bother her at all. She has become more relaxed and happy, and enjoys making contributions.

Congratulations; Flynn C, 5H

This student was fairly quiet at the start of the year and we did not often hear from her in class discussions. This term, she has been putting her hand up more to answer questions, she volunteers to share her work and has even made some new friends! Well done... Lauren W from 1M

Here’s what Lauren had to say about receiving her award:

Junior YCDI Student of the Week: Lauren W. from 1M
Why do you think you got the award? For confidence.
What could you change? Have everything for free.
My hero? My Nana and Grandpa.
When I grow up I want to be: A Teacher.

Senior YCDI Student of the Week: Flynn C. from 5H
Unfortunately Flynn was not at school for her interview.

From Your YCDI Leaders
Father's Day Stall
coming first week of September

Grade 5s – Mon 1 Sep
All other grades – Thu 4 Sep

Your child can pick-up the perfect gift for dad!

~ Gifts range from $0c - $10 ~

Can you help?

Parent helpers needed at the below times to pack & wrap gifts and set-up for our Father's day stall:

Tue 26 Aug 2:30 – 3:30pm
Thu 28 Aug 2:30 – 3:30pm

*Come to the parent’s club room (opposite drama room).

‘Buy 1 get 1 free offers’
Only in your Entertainment Book
~ available at the office ~

$20,000 worth of great offers for $65
‘Buy 1 get 1 free’ offers include:
- Domaine Chandon
- TGI Friday’s
- Imax

Coordinator: Sandra Rowe Ph: 9728 3833

Dough Raiser Program on now at Baker's Delight Kilsyth

Show your dough raiser card at Baker’s Delight Kilsyth or simply mention Montrose Primary & our school will receive 5% of your purchase.

Bakers Delight
We’re for real.

WIN
The coolest cubby around!

Don't forget to sell your Caravan Cubbie raffle tickets.

All money / unsold tickets due 13 Nov.

Mention Montrose Primary School at these participating businesses:-

- Athlete's Foot
- Aussie Farmers Direct
- Good Guys
- Baker's Delight Kilsyth
Week Five – Term Three

LEST WE FORGET 1914 - 1918

Last week, we celebrated the lives of four service men who served during World War I. Every morning for the next four years, a new name will be listed in the room and we will pay our respects to these people.

Frank Leigh A Beckett (678) – 8th Australian Light Horse Regiment
Edward A’Hearn (2680) – 44th Australian Infantry Battalion
Karl Aanonsen (6302a) – 4th Australian Machine Gun Battalion
Harold Aarons (776) – 4th Australian Light Horse Regiment
   - Mary

Holiday Club – Yarra Valley Grammar

If you wanna send your child somewhere special, Yarra Valley Grammar is the place to be. When I was at Yarra Valley Grammar, I had the best time. We went roller-skating and we made a spectacular video to music – which we got to keep a copy of. The kids there were wonderful and so were the staff – A testimony by Taylah (aged 11) from Montrose
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The Department of Education & Early Childhood Development does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education & Early Childhood Development for accuracy of information contained in the advertisements to claims made by them.

Looking for something to keep your children busy that isn't electronic?
Then call in to

MARBRY Pty Ltd
Specialists in Children's Art and Craft Materials.
- Paints and Brushes
- Modeling Materials
- Papers and Boards
- Crayons and Pastels
- Pencils and Markers
- Metallics and Glues
- Cardmaking and Scrapbooking Supplies for Mum
- Experienced, friendly staff.

55 Hawthorn Road, KILSYTH Ph. 9725 6377
or visit our website: www.marbrycraft.com.au

LES GODFREY SEWING MACHINE SERVICE
PH: 9725 4108 MOB: 0411 108 577
MOBILE SERVICE
GUARANTEED REPAIRS TO ALL MAKES
Electronic and Mechanical
44 The Boulevard, Montrose, 3765

EXTENSIVE RESEARCH SUGGESTS THAT LEARNING MUSIC ...............

IMPROVES the ABILITY to THINK
YOUR CHILD DESERVES THIS CHANCE

Enrol NOW in.............
PIANO ON KEYBOARD LESSONS
$16.00 per half hour lesson
* Convenient – in school time
* Inexpensive
* Learn with Friends (max 3 per group)
* All equipment provided
* INDIVIDUAL tuition
  ONE FREE LESSON
  IF YOU ENROL NOW
  Phone 9761 9058
Meet special guests David and Jean Edwards, recipients of the 2014 Shire of Yarra Ranges ‘Environmental Achievers of the Year’ Award.

David and Jean Edwards were instrumental in securing the land that now forms the Mt Evelyn Aqueduct linear park. Jean is the co-author of ‘The Original Garden: Plants of Mt Evelyn and other Victorian Footstools’. They are an inspiring couple who have spent many decades defending our locality from various attacks, and their presentation will encourage all of us who want to preserve our remnant vegetation and our unique local environment.

When: Sunday 31 August 2014, 10:30am for registration. Presentation starts at 11am.

Where: Montrose Town Centre - 935 Mt Dandenong Tourist Rd, Montrose (thanks to the generosity of Cr Les Cox and the Shire of Yarra Ranges).

The presentation will be followed by the Annual General Meeting, then lunch. The public are invited to stay for any or all stages of the AGM. Members and non-members are encouraged to come along.

Entry by donation. Optional delicious lunch (organic soups, homemade cakes and slices, as well as tea and coffee) for $10. To book lunch contact John on 9713 4700 by Friday 29th August.

LILYDALE EJAYS SOFTBALL CLUB

Looking for New Players

Boys & Girls of all ages!

Looking for a sport to play? Something Local & Fun? Come and Try SOFTBALL – the sport for every member of the family!

Registration Day – Saturday 23rd August 2014

Pink Reserve-Liverpool Rd Kilsyth (next to Basketball stadium)

Juniors @ 11:30 am, Seniors @ 1pm

Free Sausage Sizzle for everyone who participates on the day!

For more information visit our website: www.ejays.softball.org.au

Or Call Annette Logan 0408 332 871 or Mark Rigg 0409 54 66 99
CEREMONY IN TRIBUTE TO

MAJOR CHARLES MORRIS

A MONTROSE RESIDENT WHO ORDERED THE FIRST SHOT OF WORLD WAR ONE

Major Charles Morris

(1856 - 1935)

Charles Morris was born in England in 1856 and in his youth served with the Scots Guards. In 1885 he immigrated to Victoria where he enlisted to serve with Permanent Artillery Batteries in Queensland, New South Wales and Victoria. In 1914 he was promoted to Lieutenant and appointed the fire commander at Fort Nepean.

On the morning of August 5th, 1914 a German steamer, the ‘Pfalz’, attempted to escape being captured and tried to flee through Port Phillip Heads.

At 12.00p.m. Lieutenant Morris received orders to stop the ship from proceeding any further. They signalled to the ‘Pfalz’ to stop but it kept on moving forward.

As no official word had been reached as to whether any declaration of war had begun, Lieutenant Morris asked for further authority to stop the ship. Soon after permission was granted from the Minister for Defence to fire upon the ship as necessary and as a result Lieutenant Morris ordered a shot to be fired across the bow of the ship as a warning. Soon after the ‘Pfalz’ surrendered.

As a state of war had only existed between Britain and Germany for an hour or so at that stage, and it was not even dawn in Europe then, the shot ordered by Charles Morris on this morning is claimed to be the first shot to be fired by the British Forces in the First World War. It was also the only shot fired within Australia throughout the war, which is claimed as an act of war.

Charles Morris was later promoted to Major and served as the commanding officer of the 54th Siege Battery, AIF, on the Western Front during the war. He was severely wounded in action in 1917 and invalided home. In 1928 he retired to Browns Road, Montrose where he lived with his family until his passing in 1935.

This is a ‘Centenary of Anzac’ project by
The Rotary Club of Montrose & District
Yarra Ranges

CHILDREN'S WEEK 2014

Saturday 18 to Sunday 26 October
Acknowledging, nurturing and celebrating children

FREE activities for children aged 0-12 years and their families across the Yarra Ranges

‘Children have the right to speak and be heard’

For more information call 1300 368 333 or go to www.yarraranges.vic.gov.au

These Children's Week events and activities are presented in partnership with the Victorian Department of Education and Early Childhood Development and the following organisations:
GOODS AND SERVICES

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Health Harvest Festival 2014
Sarah Court Preschool
25 Sarah Court, Montrose
www.healthyharvestfestival.com

* Farm fresh produce stalls
* Locally produced food and craft
* Live demonstrations
* Children's nature activities
* Live music and loads of family fun

LILYDALE EJAYS SOFTBALL CLUB
Looking for a sport to play? Something Local & Fun?
Come and Try Softball! – the sport for every member of the family (boys/girls/mums/dads):
T-Ball - Age Under 10
Modified Softball - Age 10 +
Softball - Age 12 +
Seniors – social or competitive
From Beginners to the Elite, Softball is enjoyed by thousands of people, why not join them!!

For more information visit our website: www.ejays.softball.org.au
Or Call Annette Logan 0408 332 871 or Mark Rigg 0409 54 66 99

St. James and St. Peter's Anglican Parish
Family Bush Dance
With
Borderline Kaylee

When: Saturday 30th August, 2014
Where: Kilsyth Memorial Hall
514 Mt. Dandenong Road, Kilsyth.
Melway Ref: 51 S5
Time: 7.30 p.m Start
Admission Fee: $20.00 per person
Children free.

Enjoyed the Commonwealth Games?
Join us at Sherbrooke Little Aths in Ferntree Gully!

Fun, family environment for 5 - 15 year olds
Compete in up to 7 events each week
Try to beat your personal best!

Kings Park UFTG - Saturdays 8:45am - 11:45am
Season Starts 4 October 2014

Join us on a registration day, 9am - 11am:
Saturday 13 September
Saturday 20 September

For more info, check out sherbrookeathletics.com.au
Contact Greg for enquiries on 0418 567 788

LILYDALE EJAYS SOFTBALL CLUB
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514 Mt. Dandenong Road, Kilsyth.
Melway Ref: 51 S5
Time: 7.30 p.m Start
Admission Fee: $20.00 per person
Children free.
Winter Wednesday's Canteen Menu 2014
Terms 2 & 3

Please place correct money in paper bag/lunch wallet with your child’s name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

Snacks and drinks will also be for sale at play times.

**SOUP** (homemade and served with a dinner roll) $3.50

Soup flavour of the week will be advertised in the newsletter the week before.

All soups need to be pre-ordered. Please fill out an order form and hand into the office by 3.30pm Tuesday. Forms will come home with your child Monday night or can be found in the newsletter or at the office. If extra food is ordered this can be done with the soup order on a paper bag/lunch wallet or include 20c for a bag. All other orders that do not include soup can be handed in as usual on Wednesday morning.

<table>
<thead>
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<th>Hot Food</th>
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<tr>
<td>Cruiser Pie</td>
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</tr>
<tr>
<td>Mini Meat Pie</td>
<td>1.50</td>
</tr>
<tr>
<td>Macaroni Cheese</td>
<td>3.20</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>3.50</td>
</tr>
<tr>
<td>Corn Cobbett</td>
<td>1.00</td>
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**Mexican Wrap** (sweet chili chicken tender wrapped in a tortilla with cheese, avocado, tomato, lettuce) 3.50

<table>
<thead>
<tr>
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</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>2.80</td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>3.40</td>
</tr>
<tr>
<td>Chicken &amp; Cheese</td>
<td>3.20</td>
</tr>
</tbody>
</table>

| Cheese                               | 2.50  |
| Ham & Cheese                         | 3.20  |
| Tuna & Cheese                        | 3.20  |

(plain tuna or tomato onion flavour)

**HOT MILO!!!** $1.00

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<td>0.80</td>
</tr>
<tr>
<td>Apple from home slinky</td>
<td>0.20</td>
</tr>
<tr>
<td>Fruit cubes – strawb/apricot</td>
<td>0.20</td>
</tr>
<tr>
<td>Dried Fruit – apple or apricot</td>
<td>0.10</td>
</tr>
<tr>
<td>Mini Wheats/Wild Berry Bites</td>
<td>0.05</td>
</tr>
<tr>
<td>Homemade Anzac</td>
<td>0.20</td>
</tr>
<tr>
<td>Piranha Vegie Chips bbq/s&amp;s/honey soy</td>
<td>1.20</td>
</tr>
<tr>
<td>Sakatas Rice Crackers bbq/chick</td>
<td>0.70</td>
</tr>
<tr>
<td>Popcorn (butter/salt&amp;vin/cheese)</td>
<td>1.20</td>
</tr>
<tr>
<td>Raisin Toast (buttered)</td>
<td>0.50</td>
</tr>
<tr>
<td>Homemade Fruit Muffins</td>
<td>1.50</td>
</tr>
<tr>
<td>Choc Chip Cookie</td>
<td>1.00</td>
</tr>
<tr>
<td>Jam Drop/Honey Butterfly (allergy friendly)</td>
<td>1.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Drinks</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Just Juice – orange or paradise punch</td>
<td>1.50</td>
</tr>
<tr>
<td>Flavoured Milk – choc or strawb</td>
<td>1.80</td>
</tr>
<tr>
<td>So Good Chocolate Milk (250ml)</td>
<td>2.00</td>
</tr>
</tbody>
</table>

**Frozen Snacks**

| Golden Circle Fruit tubes             | 1.00  |
| Moosies Milk Freeze (choc/strawb/blue) | 1.50  |
| Bulla Fruit and Yogurt stick          | 1.30  |
| Frozen Juice cups (apple/pineapple)   | 1.00  |
| Frozen Pineapple Rings (counter sale only) | 0.40 |

**Fresh Fruit Bowl**

Fresh fruit in season sold over the counter
Friday Canteen Menu 2014

Please place correct money in a paper bag / lunch wallet with your child’s name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

Snacks and drinks will also be sold over the counter at play times.

<table>
<thead>
<tr>
<th>Sandwiches/Rolls Rolls EXTRA 30c</th>
<th>Jaffles</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salad (tomato,cucumber,carrot,beetroot,lettuce)</td>
<td>Baked bean</td>
</tr>
<tr>
<td>Ham/Chicken (add 20c per salad item)</td>
<td>Cheese</td>
</tr>
<tr>
<td>Tuna (plain or tomato, onion flavour)</td>
<td>Cheese and tomato</td>
</tr>
<tr>
<td>Egg and Lettuce</td>
<td>Ham and cheese</td>
</tr>
<tr>
<td>Vegemite / Cheese</td>
<td>Ham, cheese and tomato</td>
</tr>
<tr>
<td>Vegemite and Cheese</td>
<td>Tuna (plain/tom) and cheese</td>
</tr>
<tr>
<td></td>
<td>Chicken and cheese</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Salad Box BYO fork please</th>
<th>Wraps</th>
</tr>
</thead>
<tbody>
<tr>
<td>Egg salad (lettuce,tomato,cucumber,carrot)</td>
<td>½ wraps available</td>
</tr>
<tr>
<td>Cheese salad</td>
<td>Tuna, cheese and salad</td>
</tr>
<tr>
<td>Chicken salad</td>
<td>Ham, cheese and salad</td>
</tr>
<tr>
<td>Ham salad</td>
<td>Chicken, cheese and salad</td>
</tr>
<tr>
<td>Tuna salad (plain/tomato,onion flavour)</td>
<td>Salad and cheese</td>
</tr>
</tbody>
</table>

| Extras for above items: mayonnaise on request (no charge) or Add: Salad item – 20c, cheese – 40c, avocado – 50c, tortilla chips – 1.00 |
|-----------------------------|-------------------------------|
| Sushi Rolls | Fresh Fruit Salad (ONLY TERMS 1&4) |
|               | (melons, kiwi, strawbs, grapes etc) | 4.00 |
| Teriyaki chicken and cucumber | ADD scoop of vanilla yoghurt | 0.50 |
| Tuna and avocado | Fresh Fruit Bowl – pieces of fruit in season sold over the counter |
| Soy sauce | Snacks |
|            | Apple slinky | 0.80 |
|            | Apple from home made into slinky | 0.20 |
|            | Fruit cubes – strawberry or apricot | 0.20 |
|            | Mini Wheats/Wild Berry Bites | 0.05 |
|            | Dried fruit – apple or apricot | 0.10 |
|            | Piranha Vegie chips – bbq cheese/S&V/honey soy | 1.20 |
|            | Popcorn - butter, S&V, cheese | 1.20 |
|            | Sakatas Rice Crackers bbq/chicken | 0.70 |
|            | Homemade Anzacs | 0.20 |
|            | Buttered Raisin toast | 0.50 |
|            | Homemade Fruit Muffin | 1.50 |
|            | Choc Chip Go Cookie | 1.00 |
|            | Jam Drop/Honey Butterfly(allergy friendly) | 1.50 |
|            | (gluten, egg and dairy free) |

<table>
<thead>
<tr>
<th>Drinks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Just Juice (200ml)</td>
</tr>
<tr>
<td>- orange/paradise punch</td>
</tr>
<tr>
<td>Flavoured Milk (250ml)</td>
</tr>
<tr>
<td>- chocolate/strawberry</td>
</tr>
<tr>
<td>So Good Soy Chocolate Milk (250ml)</td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

Issue: February 2014

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