**SCHOOL CALENDAR**

**August**
- Fri 29: Bookworm for 2015 Preps: 2-3pm

**September**
- Mon 1: Fathers Day Stall (Grade 5 only)
- 2-5: Grade 5 Camp Coonawarra
- Thu 4: Fathers Day Stall
- Fri 5: Fathers Day Breakfast, 8.30am-9.30am
- 15-16: Grade 3, Camp Oasis
- Mon 15: Bike Ed, Grade 5
- Fri 19: Jump Off Day - jump rope for heart
- Fri 19: Last day of school, 2.30pm finish

**October**
- 27-29: Grade 4 Camp Phillip Island

**2015 School Photos**
- Mon 2 March - All School Photos

**Other**
- Recess: 11.00am to 11.30am
- Lunch hour: 1.30pm to 2.30pm
- Uniform Shop: Wednesdays, 2.45pm to 3.30pm

Canteen Lunch orders to be in by 9am Wednesday and Friday

**2014 Term Dates**
- Term 3: 14 July to 19 September
- Term 4: 6 October to 19 December

**REMINDER:** All newsletter items must be in by Friday night in order to ensure they are included in the following week’s newsletter.

**Message from the Principal**

HI Everybody,

During the week cases of measles have been reported in a northern suburbs primary school. Apart from the inconvenience to the youngsters infected the occurrence in schools causes further issues. Whilst most children have been vaccinated for the various childhood diseases, some are not.

In the case of measles appearing in a school, the following procedure is followed:
- The infected child will be excluded for at least four days after the onset of the rash.
  - Immunised contacts need not be excluded during this period.
  - Unvaccinated children have a different set of procedures:
    - "Unimmunised contacts should be excluded until 14 days after the first day of appearance of rash in the last case. If unimmunised contacts are vaccinated within 72 hours of their first contact with the first case, or received NHIIG within 144 hours of exposure, they may return to the facility."

The office has been checking through our records and will be contacting some families shortly as your child’s immunisation records are incomplete. If you receive this note please respond as soon as possible.

**Fathers’ Day**
- #1: The Fathers’ Day Stall is being held next week. It is on Thursday (except for the Grade 5s who will buy on MONDAY because the will be on camp for the rest of the week).
- #2: The Prep classes are having a dad’s breakfast. (That is, a dad, grandma, uncle or special male friend breakfast). The rationale for this male focus is inspired by the work of Dr Bruce Robinson of the Fathering Project based at the University of Western Australia. The central point of his work is that the women involved in the raising of their children are already giving 110% to the cause, and that no matter how busy, or removed the male is, all children will benefit from their involvement.

It might be that in some circumstances certain families may have two (or more) menfolk attending. There will be breakfast enough for all as we enter into the spirit of the morning which is to show the children that we are there for them.

After the breakfast will be the opportunity to watch a short video which will be the perfect way to start not only the rest of the day but more importantly the rest of your life. An opportunity not to be missed! For more on the work of Bruce Robinson visit thefatheringproject.org

Neil Pollard

Leith Road, Montrose 3765
Correspondence to: P.O. Box 123, Montrose
Ph 9728 2203, Fax: 9761 9359
Email: montrose.ps@edumail.vic.gov.au
Web site: www.montroseps.vic.edu.au
Principal: Neil Pollard
Assistant Principal: Kylie Fisher
School Council President: Julie McDonald
After School Care 9728 5491
Thank you Lauren Johnstone, Kathryn Rigg and Terri Archer for your help in the canteen on Friday and Karen Wheeler for helping on Wednesday. This week’s helpers are Tania Bowden for Wednesday 27 August and Kate Critchley, Cath Smirk and Jo Nubley for Friday 29 August.

**GO COOKIE** - will be temporarily unavailable due to supplier issues.

Please remember Pineapple cups are no longer available but have been replaced with ORANGE.

Next weeks soup for Wednesday 3 September is Pumpkin soup.

Alison

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**Pumpkin Soup** (dinner roll) 3 September

Name: .................................................................

Grade: .................................................................

$3.50 encl.

*Please return to the office by 3.30pm Tuesday*
Workers of the Week

Harrison B  PC  Eli T  1A  Ben C-V  2N  Josh W  5H
Summer H  PC  Seth McC  1C  Jayden F  3/4B  Andrew B  5N
Noah T  PC  Lucia R  1C  Isabella L-T  3/4B  Bailey D  5N
Oliver W  PC  Tristan S  1C  Sophie J  3/4S  Alex A  6F
Thomas D  PH  Casey J  1M  Tom T  3/4S  Tiana B  6F
Tirion R  PH  Scarlett W  1M  Koby B  3/4V  Courtney F  6N
Georgie C  PK  Sienna H  1R  Jett P  3/4V  Flynn O  6N
Lorelai L-T  PK  Saxon P  1R  Beau H  3/4Y  Corey W  6N
Bethany F  PS  Lucy C  2G  Alyssa N  3/4Y  Larissa X  6N
Abby H  PS  Noah C  2G  Holly J  5C  Holly B  6P
Charlie M  1A  Noah G  2G  Sarah M  5H  Kurt H  6P
Sebastian R  1A  Megan A  2N  Harry N  5H  Sean K  6P

Sport Star: Alex G  WOW: Hannah D, Jett P, Mitch S, Lyca D

Artist of the Week: Darcy M 5H  WOW: Lockie J PH, Riley M PS, Cailee R PH, Georgie C PK, Bailen S PH, Lorelai L-K PK, Henry P PC

Panda Award: Alexander M 1A  WOW: Mia G 1A, Kayla D 1C

Drama: Lyca D

Music: Oliver C 1R

Value of the Week

Peacefulness

Josh N  PC  Will B  3/4B
Thomas B  PH  Jamie F  3/4S
Olivia O'R  PK  Tyana R-B  3/4V
Bianca P  PS  Theo M  3/4Y
Ayla C  1A  Griffin B-A  5C
Evie S  1C  Jared W  5H
Charlotte E  1M  Evan B  5N
Jasmine S  1R  Rochelle S  6F
Will R  2G  Cooper M  6N
Grace R  2N  Daisy P  6P

Value of the Week:
Service

Being of service means looking for ways to help others rather than waiting to be asked.

It is doing things for people just to be helpful, not because you expect you will be rewarded for doing so.

It is wanting to make a difference in the lives of others because you care. Being of service is making a real contribution to society, no matter how small.
Connect with book characters for Children's Book Week

What a way to start our Children’s Book Week celebrations - dressing up is always lots of fun! Inspired by the Book Week theme ‘Connect to reading!’ your book character costumes were inventive and imaginative.

Did you see all the book characters? Did you work out what book they come from? I saw Pearlie the fairy and lots of Rainbow Fairies. There were also pony girls from the horse stories, and lots of princesses and queens.

The Disney stories were well represented by Rapunzel, Snow White, Alice in Wonderland & the White Rabbit, Eyeore, Tigger, Winnie the Pooh, some of the 101 dalmations and also Minnie Mouse. Did you see Little Red Riding Hood?

Of course there was Wally from Where’s Wally, Harry Potter & Hermione, Slinky Malinky from the Hairy Maclary books, Smurfette, Dracula, someone from Minecraft, and Mr Popper’s penguin. Paddington Bear was here too, and a skeleton in the sunny!

Dr Seuss books were represented by The cat in the hat and Things 1 & 2. Were there any other Seuss characters? Roald Dahl’s book characters were visiting too - did you see Willy Wonka and Fantastic Mr Fox? Mr Men and Little Miss characters paraded around too.

I saw superheroes from stories - I’m pretty sure EJ12 Girl Hero was there, and definitely Captain Underpants! There was definitely Superman, Supergirl, Batman, Spiderman, the Incredible Hulk and the Teenage Mutant Ninja Turtles.

Specky Magee and other sporting characters visited us. There were also Star Wars characters, and Hobbit & Lord of the Rings characters like Bilbo & Frodo. I saw some pirates too, a policeman and Fireman Sam.

The onesie brigade featured giraffes, lions, zebras, crocodiles, cats, dogs, unicorns, rabbits, Pokemon, Stitch and many other book characters. So many characters from so many stories.

Our teachers were spectacular too – did you see the wicked witch from Snow White (Mrs Johnson), the wardrobe from The Lion, the witch & the wardrobe (Mr Hallett), a cookbook (Mrs Funder) and Strawberry Shortcake (Ms Kidner)? The Once-ler from The Lorax (Mr Benner) was there too, as was Harry Potter (Mrs Reynolds), Mary Poppins (Ms Pecher) and Ms Attard as the One-eyed, one-horned flying purple people eater. Ms Mertens was Mrs Wishy Washy, Ms Darvell was Where’s Wally and Mrs Walker paraded as Miss Looipla from Too Loud Lily. Ms Menacho looked gorgeous and Mrs Norman, Ms Sutherland & Ms Head were all Little Misses! Elmer the Elephant (Mrs Johnson-Clarke) photographed everyone, while our MC-Extraordinaire was Jack & the Beanstalk (Mr Pollard), coordinating the wonderful parade!
Thank you to all the students, teachers and parents who put so much effort, invention and imagination into the costumes (you are truly wonderful!)

A huge thankyou, also, to the terrific audience of parents & grandparents who came along for the parade! (See you at next year's Book Week!)
GRADE 3-4 HOOP TIME

Congratulations to the Grade 3-4 students who all played so well at the Hoop Time Basketball Competition last Wednesday. It was great to see the students test their skills against students from other schools... particularly those who had never played Basketball before. All the smiles were a true reflection of the enjoyment they were all having.

A huge thanks and congratulations also to the 24 Grade 6 students who were selected to coach the Grade 3-4 sides.

This is a wonderful leadership opportunity for these students, an eye-opener to the “other side” of sport. Yes it really is hard to sub players equally!

A big thank you also to the parents and teachers for all of your support and encouragement on the day.

Congratulations to the All Star Girls and Montrose Mavericks (Grade 3 Future Stars) who were successful in progressing through to the Regional finals in Term 4.

Good luck!

Miss Kneill

DISTRICT ATHLETICS

Approximately 75 students from Grades 3-6 have been selected to participate at the District Athletics Carnival on September 12th. They have received a notice about this including training details, permission form and event times. Selection in this team was based on results throughout P.E. lessons and at the House Athletics Carnival. We wish the team the best of luck. The second training session is tomorrow (Wednesday) at school 8am.

SPORT STAR OF THE WEEK

Name: Alex G Grade: 6N
Nomination reason: For his passion and enthusiasm while coaching his team at the Hoop Time Basketball Competition!
What’s the most important thing about sport? Having fun
My favourite sport is: Basketball
My favourite thing about P.E. lessons: Dodge ball
My favourite football team: Sydney Swans
My sporting hero: Adam Goodes
At lunchtime I like to: Play gang up tiggy
The best thing about school is: Sport
My favourite food: Curry
When I grow up I want to be.... A policeman
HELP Montrose Primary School to win an educational grant by supporting Anaphylaxis!

1. Go to the website http://www.anaphylaxis101.com.au

2. Click on Raise Your Hand and search for Montrose Primary School to make your awareness count.

Please encourage friends and family to do the same!
Our YCDI Key for Success this term has is CONFIDENCE. The habits of mind for the CONFIDENCE key to success are: Accepting Myself, Being Independent and Taking Risks.

The Junior and Senior Confidence, You Can Do It award winners for the sixth week of Term 3 are:

The 5N winner of the Confidence award for Term 3 is a student who has gained confidence throughout the year. Having moved from another school, this student started the year off missing his old classmates and teachers. He quickly made new friends and began to enjoy his time at Montrose Primary School. By term 3, he has gained much confidence and a sense of belonging at school. He is able to work independently and is well liked by his classmates. He is always laughing and having fun at school, as well as being able to get his work done to a high standard. Congratulations, Kai D.

At the beginning of the year this young man was quite shy and he used to worry about coming in to class in the morning and leaving his mum and brothers behind. He noticed it was a problem that he didn’t need to have so he made a decision to change his behaviour. Slowly, slowly he started to step up and put on his brave face until eventually he wasn’t putting it on anymore. He just was brave. And after a while, being brave became normal to him and the fact that he achieved his goal, made him confident. Now he comes into class every day with his head held high. He works hard and he tries hard because he knows that if you put your best foot forward and really try, you can achieve what it is you want to. And once you’ve done that, you become confident.

Well done Mason D in 1A, I love your new found confidence. You are flying high in Grade 1A.

Here’s what Mason and Kai had to say about receiving their awards:

**Junior YCDI Student of the Week:**
*Mason D. from 1 A*

Why do you think you got the award? For being brave.
What could you change? Make myself a super hero.
My hero? Mum and Dad.
When I grow up I want to be: a bike rider.

**Senior YCDI Student of the Week:**
*Kai D L. from 5N*

Why do you think you got the award? For being caring and honest.
What could you change? Me moving my old house.
My hero? My parents.
When I grow up I want to be: A video game designer.

From Your YCDI Leaders
**Next Week**

**Father’s Day Stall**

**Grade 5s – Monday 1 Sep**
**All other grades – Thursday 4 Sep**

This is a great opportunity for your child to select a surprise gift for their dad and / or grand-dad for Father’s Day – **Sunday 7 Sep**

~ Gifts range from 50c - $10 ~

*Don’t forget to send your child to school with some suitable money to purchase a gift*

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**Can you help?**

**Parent helpers needed this week to set-up for our Father’s Day stall:**

- Tue 26 Aug 2:30 – 3:30pm & Thu 28 Aug 2:30 – 3:30pm
- *Come to the parent’s club room (opposite drama room) during these times*

**Parent helpers needed next week on the day of the stall:**

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**Father’s Day Stall – Thursday 4 September**

Montrose Parents Club’s fundraising success relies upon the fantastic assistance from our parent helpers. We are seeking volunteers to assist with sales and wrapping of gifts on the day. If you can assist please nominate a time preference and complete details below: (Father Day Stall is held in the Parents Club Room).

<table>
<thead>
<tr>
<th>TIME</th>
<th>CONTACT NUMBER</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00am – 10:00am</td>
<td></td>
</tr>
<tr>
<td>10:00am – 11:00am</td>
<td></td>
</tr>
<tr>
<td>11:30am – 12:30pm</td>
<td></td>
</tr>
<tr>
<td>12:30pm – 1:30pm</td>
<td></td>
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</tbody>
</table>

Please return this form to school with your child or put into the blue box near the office by **Wednesday 3rd**. Alternatively please SMS the above details and nominated time to Priscilla Rees-Condon on 0413 664 280 Thank you!!
Order by 1st September to receive FREE delivery.

Give Dad an Entertainment™ Membership this Father's Day, and help our fundraising at the same time!

Over $20,000 worth of valuable offers he can enjoy all year long!

Here are just a few of the many offers to enjoy with the Entertainment™ Membership:

- Enjoy 25% off the total bill at Steel Bar and Grill. UP TO $80 VALUE.
- Enjoy 25% off the total bill at Bob's Steak & Chop House. UP TO $50 VALUE.
- Enjoy one complimentary general admission with Melbourne Storm.
- Enjoy 50% off any major service at ABD Autos. UP TO $200 VALUE.
- Dad can sink his teeth into a complimentary main menu item at Grand.
- Save 5% off liquor, petrol and Masters Home Improvements.

...plus there are hundreds more offers! Flick through the virtual Book to see more.

PURCHASE NOW »

Buy a NEW 2014 | 2015 Entertainment™ Membership for your Dad this Father's Day, and for only $65, he'll receive over $20,000 worth of valuable offers - from dining to golf, wineries to footy, accommodation to gift cards, plus lots more, making it a great idea this Father's Day.

If Dad lives in another city or interstate, no problem! Because there are 19 other editions of the Entertainment™ Membership across Australia and New Zealand.

PLUS order by Monday 1st September and you'll receive FREE delivery in time for Father's Day.

Plus, 20% from every Entertainment™ Membership goes to our School! The more Entertainment™ Memberships we sell, the more we raise – so please forward this email to your family and friends.

Montrose Primary School
Sandra Rowe
Phone: 097283833 | Email: susanrowe@outlook.com
LEARNING MUSIC INCREASES MEMORY, Reasoning Capacity, Time Management Skills and Eloquence

YOUR CHILD DESERVES THIS CHANCE

Enrol NOW in .............
PIANO ON KEYBOARD LESSONS
16.00 per half hour lesson

* Convenient – in school time
* Inexpensive
* Learn with Friends (max 3 per group)
* All equipment provided
* INDIVIDUAL tuition

ONE FREE LESSON IF YOU ENROL NOW
Phone 9761 9058
ADVERTISING MATERIAL INCLUDED WITH NEWSLETTER
The Department of Education & Early Childhood Development does not endorse the products or services of any of the Department of Education & Early Childhood Development advertisements to claims made by them.

Croydon Little Athletics Centre invites new and returning families down to the track to register for the upcoming 2014-15 Little Athletics Summer season!

Our Registration Day is on
Saturday September 13th, 9am-11am
Croydon Little Athletics Track
Town Park, Nortons Road, Croydon
* Free BBQ for families
* Athletes’ Foot Eastland will be attending for footwear advice and have shoes available for sale on the day.

Want to know more? Visit our website
www.croydonlac.com.au or
email croydon@lavel.com.au
Season starts Saturday October 4th!!

Kilsyth Heat Basketball Club

are currently recruiting for players of all ages
to our basketball club for the upcoming Summer Season.

New Player Registration Fees $10
for the first season and a loan uniform.

For further Enquiries Please Contact: Richard 0425 872 230
Email: rjanth_dbd@optusnet.com.au

Summer Season 2014 Begins in October
We Urgently Require Players for:
Under 10 Girls (10 years of age or under at 31/12/14)
Under 12 Girls (12 years of age or under at 31/12/14)
and Under 14 Girls (14 years of age or under at 31/12/14)

Fosters PHAntoms

Basketball Club

Is looking for players for the 2014 Summer season
Teams range from under 7 to under 21, all abilities welcome
first season Miniball FREE

* The girls’ miniball, under 9 and under 10 competitions are played on Tuesday nights
* The girls’ under 12 to under 21 competitions are played on Wednesday nights
* All boys’ competitions are played on Saturdays
* We have experienced coaches and are a great family club
* If your Son or Daughter is new to basketball or is interested in playing a 2nd game of basketball and learning new skills
* Grade 5 and 6 after school teams can join as one and be assured that we will keep your team together – please note there is no after school basketball in secondary school

For Boys teams – contact Rob on Mobile 0411 559 245
For Girls teams – contact Bek on Mobile 0411 593 050
or email teams.fosters@gmail.com

All Enquiries answered promptly
To find your nearest Centre
go to: www.lavic.com.au and click on FIND A CENTRE

Jetstar
Little Athletics Victoria
Call 03 8646 4510
or 1800 689 112
(Country Victoria)

State Association:
littleathletics.com.au
Little Athletics Victoria
Locked Bag 1011
Port Melbourne VIC 3207

MLBC LAKERS BASKETBALL CLUB
Live it. Love it. Lakers.
Are you looking for a Fun Team Sport?
Are you wondering how to get involved?
MLBC Lakers Wants You!

To find out more about MLBC and to register online go to:
www.mlbcakers.com.au

5-30 years Girls and Boys
Michelle Marsteed 0408 534 995
Anne-Louise Stoltzenhof 0412 518 178
Team Training conducted @
Mt Lilydale Mercy College

NOW RECRUITING
Summer Season
Term 4 & 1
Winter Season
Term 2 & 3
**Winter Wednesday's Canteen Menu 2014**
**Terms 2 & 3**

Please place correct money in paper bag/lunch wallet with your child's name, grade and order on the front.
Please include 20c if you do not have a lunch bag and we will provide one for you.
Snacks and drinks will also be for sale at play times.

<table>
<thead>
<tr>
<th>SOUP  (homemade and served with a dinner roll)</th>
<th>$3.50</th>
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</thead>
<tbody>
<tr>
<td>Soup flavour of the week will be advertised in the newsletter the week before. All soups need to be pre-ordered. Please fill out an order form and hand into the office by 3.30pm Tuesday. Forms will come home with your child Monday night or can be found in the newsletter or at the office. If extra food is ordered this can be done with the soup order on a paper bag/lunch wallet or include 20c for a bag. All other orders that do not include soup can be handed in as usual on Wednesday morning.</td>
<td></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Hot Food</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Cruiser Pie</td>
<td>3.50</td>
</tr>
<tr>
<td>Mini Meat Pie</td>
<td>1.50</td>
</tr>
<tr>
<td>Macaroni Cheese</td>
<td>3.20</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>3.50</td>
</tr>
<tr>
<td>Corn Cobbett</td>
<td>1.00</td>
</tr>
</tbody>
</table>

**Mexican Wrap** (sweet chilli chicken tender wrapped in a tortilla with cheese, avocado, tomato, lettuce) 3.50

<table>
<thead>
<tr>
<th>Jaffles</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Baked bean</td>
<td>2.80</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>2.80</td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>3.40</td>
</tr>
<tr>
<td>Chicken &amp; Cheese</td>
<td>3.20</td>
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</tbody>
</table>

Cheese 2.50
Ham & Cheese 3.20
Tuna & Cheese 3.20
(plain tuna or tomato onion flavour)

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<thead>
<tr>
<th>Snacks</th>
<th></th>
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<tbody>
<tr>
<td>Apple slinky</td>
<td>0.80</td>
</tr>
<tr>
<td>Apple from home slinky</td>
<td>0.20</td>
</tr>
<tr>
<td>Fruit cubes – strawberry/apricot</td>
<td>0.20</td>
</tr>
<tr>
<td>Dried Fruit – apple or apricot</td>
<td>0.10</td>
</tr>
<tr>
<td>Mini Wheats/Wild Berry Bites</td>
<td>0.05</td>
</tr>
<tr>
<td>Homemade Anzac</td>
<td>0.20</td>
</tr>
<tr>
<td>Piranha Veggie Chips bbq/s&amp;v/honey soy</td>
<td>1.20</td>
</tr>
<tr>
<td>Sakatas Rice Crackers bbq/chick</td>
<td>0.70</td>
</tr>
<tr>
<td>Popcorn (butter/salt&amp;vin/cheese)</td>
<td>1.20</td>
</tr>
<tr>
<td>Raisin Toast (buttered)</td>
<td>0.50</td>
</tr>
<tr>
<td>Homemade Fruit Muffins</td>
<td>1.50</td>
</tr>
<tr>
<td>Choc Chip Cookie</td>
<td>1.00</td>
</tr>
<tr>
<td>Jam Drop/Honey Butterfly (allergy friendly)</td>
<td>1.50</td>
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</tbody>
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<table>
<thead>
<tr>
<th>Drinks</th>
<th></th>
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</thead>
<tbody>
<tr>
<td>Just Juice – orange or paradise punch</td>
<td>1.50</td>
</tr>
<tr>
<td>Flavoured Milk – choc or strawb</td>
<td>1.80</td>
</tr>
<tr>
<td>So Good Chocolate Milk (250ml)</td>
<td>2.00</td>
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**Frozen Snacks**
Golden Circle Fruit tubes 1.00
Moosies Milk Freeze (choc/strawb/blue) 1.50
Bulla Fruit and Yogurt stick 1.30
Frozen Juice cups (apple/pineapple) 1.00
Frozen Pineapple Rings (counter sale only) 0.40

**Fresh Fruit Bowl**
Fresh fruit in season sold over the counter
# Friday Canteen Menu 2014

Please place correct money in a paper bag / lunch wallet with your child’s name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

Snacks and drinks will also be sold over the counter at play times.

## Sandwiches/Rolls Rolls EXTRA 30c
- Salad (tomato, cucumber, carrot, beetroot, lettuce) 3.50
- Ham/Chicken (add 20c per salad item) 2.70
- Tuna (plain or tomato, onion flavour) 2.70
- Egg and Lettuce 3.00
- Vegemite / Cheese 2.00
- Vegemite and Cheese 2.40

## Jaffles
- Baked bean 2.80
- Cheese 2.50
- Cheese and tomato 2.80
- Ham and cheese 3.20
- Ham, cheese and tomato 3.40
- Tuna (plain/tomato) and cheese 3.20
- Chicken and cheese 3.20

## Salad Box BYO fork please
- Egg salad (lettuce, tomato, cucumber, carrot) 3.50
- Cheese salad 3.50
- Chicken salad 3.50
- Ham salad 3.50
- Tuna salad (plain/tomato, onion flavour) 3.50

## Wraps
- ½ wraps available 2.70
- Tuna, cheese and salad 4.00
- Ham, cheese and salad 4.00
- Chicken, cheese and salad 4.00
- Salad and cheese 3.50

## Extras for above items: mayonnaise on request (no charge) or Add:
- Salad item - 20c, cheese - 40c, avocado - 50c, tortilla chips - 1.00

## Sushi Rolls
- Teriyaki chicken and cucumber 2.80
- Tuna and avocado 2.80
- Soy sauce 0.10

## Fresh Fruit Salad (ONLY TERMS 1&4)
- (melons, kiwi, strawbs, grapes etc) 4.00
- ADD scoop of vanilla yoghurt 0.50

## Fresh Fruit Bowl – pieces of fruit in season sold over the counter

## Hot Food
- Cruiser Pie (Mrs Mac’s light) 3.50
- Mini Meat Pie (Mrs Mac’s good eating) 1.50
- Pizza – Hawaiian 3.00
- – Margarita 3.00
- Sausage Roll (Mrs Mac’s good eating) 2.80
- Macaroni Cheese 3.20
- Fried Rice 3.50
- Hot roast chicken and gravy roll 3.20
- (long white roll – cheese extra 40c) 1.00

## Drinks
- Just Juice (200ml)
  - orange/paradise punch 1.50
- Flavoured Milk (250ml)
  - chocolate/strawberry 1.80
- So Good Soy Chocolate Milk (250ml) 2.00

## Snacks
- Apple slinky 0.80
- Apple from home made into slinky 0.20
- Fruit cubes – strawberry or apricot 0.20
- Mini Wheats/Wild Berry Bites 0.05
- Dried fruit – apple or apricot 0.10
- Piranha Veggie chips –
  - bbq cheese/S&V/honey soy 1.20
- Popcorn - butter, S&V, cheese 1.20
- Sakatas Rice Crackers bbq/chicken 0.70
- Homemade Anzacs 0.20
- Buttered Raisin toast 0.50
- Homemade Fruit Muffin 1.50
- Choc Chip Go Cookie 1.00
- Jam Drop/Honey Butterfly(allergy friendly) 1.50
  - (gluten, egg and dairy free)

## Frozen Snacks
- Golden Circle 99% fruit tube 1.00
- Moosies Milk Freeze (all flavours) 1.50
- Bulla Fruit and Yoghurt stick 1.30
- Frozen Juice cups (pineapple/apple) 1.00
- Frozen pineapple rings (counter sale only) 0.40

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Issue: February 2014

PTO
What to do when your child is absent from school

Why do I need to contact the school?
- The school has legal obligations to keep up to date data on absences and reasons for absence, for every child.
- Absenteeism has a negative impact on learning and needs monitoring
- Maintaining a close partnership with families allows the school to provide support where needed.

What action is required if your child is going to be absent?
Please make contact with the school either on the morning of the absence or prior to the absence by one of the following methods.

Phone the school on 9728-2203 between 8:15-9:15am

OR

Email the school with the required information on
montrose.ps@edumail.vic.gov.au

OR

Stop by the office if you are up at the school and let us know.

(If one of the above actions is taken a note is NOT required.)

What information does the school need to know?
1. Your child’s name  
2. Reason for absence  
3. Date/s of absence

Please place the above contact information in an accessible location at home.

What happens if I forget to make contact?
On most days the school will make phone contact with you on the morning of your child’s absence. The positive feedback from families on this follow up has been appreciated.

Thanks...
We would like to thank our families for their support in making contact, as very few calls are required on a daily basis from the school and our understanding of the reason for your child’s absence is known.  Any queries contact: Mrs Kylie Fisher