SCHOOL CALENDAR

September
Wed 14  Jump Rope For Heart
Thur 15  Healesville Sanctuary 2M, 2WV, 1R & 1C
Fri 16  LAST DAY OF TERM 2.30pm Finish

October
Mon 3  First Day Term 4
Fri 7  Prep Transition 2.15pm - 3.15pm
Fri 14  Prep Transition 2.15pm - 3.15pm
Fri 21  Prep Transition 2.15pm - 3.15pm
24 - 28  Swimming - Grades 3 - 6
Fri 28  Prep Transition 2.15pm - 3.15pm

November
Tue 1  MELBOURNE CUP DAY HOLIDAY
Fri 4  House Swimming Carnival
Fri 4  Prep Transition 2.15pm - 3.15pm
9 - 11  Grade 4 Camp
Fri 11  Prep Transition 2.15pm - 3.15pm
14 - 15  Grade 3 Camp
14 - 18  Swimming - Grades Prep - 2
Fri 18  Prep Transition 2.15pm - 3.15pm

Message from the Principal

Hi Everyone

Principal For a Day

Last Friday Montrose Primary School welcomed Deputy Premier and Minister For Education, James Merlino, to take on the role of Principal (for a day). Right from the very beginning of the Assembly it was plain to see that he was enjoying the interaction with the children, staff and parents present.

Mr Merlino also managed the pronunciation of tricky family surnames as he read the award winners for the Maths Talent Quest.

After assembly he joined in with some prep classes during their reading session. Mr Merlino had a huge grin as he read a book to a group of children. He showed great technique and kept them engaged right to the last page. It was then off to a grade 3 to join in a maths session. Mr Merlino moved from group to group asking questions and checking in with their understandings.

After recess he met with the Wellbeing Leaders from years 1-6. Mr Merlino listened as they described their meetings and the issues they deal with. He asked about how they worked towards solutions and commented afterwards about the importance of ‘student voice’ and how it developed connectedness to school.

Mr Merlino’s final session was with two upper grades. We viewed the results of the Student Attitudes to School survey. Teachers and students spoke about their thoughts as to why the data was as it was. Interesting ideas were put forward as to why the boys and girls data differed in some areas whilst in others they were identical.

Over a delicious school canteen lunch we discussed issues that schools are facing, what the Department was doing well and what it could do to assist more. At 1.30 we farewell Mr Merlino as he headed off to more engagements for the day.

All in all it was a thoroughly enjoyable experience. Today photos of his visit are playing on the foyer television. It is most telling that throughout, James Merlino’s facial expressions were all of joy as he interacted with the children. Now he knows why we love our job.

Neil Pollard

Leith Road, Montrose 3765
Correspondence to: P.O. Box 123, Montrose
Ph 9728 2203, Fax: 9761 9359
Email: montrose.ps@edumail.vic.gov.au
Web site: www.montrostep.s.vic.edu.au

Principal: Neil Pollard
Assistant Principal: Kylie Fisher
School Council President: Stacey Barker
After School Care: 9728 5491
Absence Notifications:
As you may be aware, the office is using a new notification system for absences. You may have received an absence notification via email or text message regarding your child’s unexplained absences throughout the year. This is a new system which is helping us ensure that we have accurate records of all children’s attendance here at Montrose.

If you receive an absence notification, please respond via sms, email, or a phone call to the office. You will continue to receive the notification until you contact the office and let us know the reason for your child’s absence. Thank you for your assistance.

Canteen News
It was remiss of me not to mention in last week’s news that the week prior we had been treated to two ‘Poem in a pocket’ readings. Sebastian Droscher (2XN) and Brodie Hawker (3KS) dropped into the canteen to share their special poems with us. Having beautiful poems read in the canteen during lunch time would have to be one of my favourite canteen moments so far.

With another mum unable to fill her Wednesday duty I put the call out on Monday morning for another helper. A big thank you to Kylie Shepard for responding so quickly as without her help we wouldn’t have been able to provide Chicken Noodle soup on Wednesday, our most popular soup. Kylie did an amazing job on Wednesday collating all our lunch orders whilst I baked Anzacs and cooked soup. We received many compliments on the beautiful aroma coming out of the canteen as the chicken noodle soup bubbled away on the stove. The soup went down a treat. We even had a few soup lovers who returned not once, not twice but three times for top ups. The spare soup in the pot disappeared quickly leaving the girls to polish off leftover noodles.

On Fridays the canteen often makes a special lunch for our Principal but this Friday we were delighted to be making lunch for our ‘Principal for a Day’ – James Merlino. As the noise subsided from a very warm and engaging assembly, we looked up to find Mr Merlino at the canteen window. As I say, we see a lot of things from the canteen window but you never expect to see the Deputy Premier. Neil introduced Mr Merlino to the canteen team and informed him that we would be preparing his morning tea and lunch. When trying to think of what I could serve I was very proud to realise that our menu offering was indeed fit for a.....Deputy Premier. For morning tea Mr Merlino enjoyed a freshly baked raspberry muffin, homemade fruit and nut balls, dried apricots & apple, dates and almonds. Lunch was an assortment of our world famous wraps and a platter of fresh fruit. A BIG thank you to Dianna Gazeas, Sara Koblar and our new grandparent helper Tierney Hamilton, who did a spectacular job on Friday.

DID YOU KNOW
This Wednesday is our last soup service for the year. A new canteen menu for Wednesdays and Fridays will be distributed at the beginning of next term.

Amanda 😊
Workers of the Week

SPECIALIST WORKERS OF THE WEEK

ART  Artist of the Week: Callum E PH  

SPORT  Sport Star of the Week: Ayla C 3K  

MUSIC  Grammy Award: Ari C PC  

DRAMA  Oscar Award: Oliver L 4B  

CHINESE  Panda Award: 

ASB  ASB Award: Darcy W 1C  


Charlotte E 3k, Veronique S 4S, Perry D PK, Ned M PP

MATHS TALENT QUEST AWARD WINNERS

<table>
<thead>
<tr>
<th>Grade</th>
<th>Excellence</th>
<th>Maths Rising Star</th>
</tr>
</thead>
<tbody>
<tr>
<td>PC</td>
<td>Thomas F, Chelsea C</td>
<td>Ruby D</td>
</tr>
<tr>
<td>PH</td>
<td>Taeyah R, Liam M</td>
<td>Brock D</td>
</tr>
<tr>
<td>PK</td>
<td>Addison L, Jasmine R</td>
<td>Memphis S-D</td>
</tr>
<tr>
<td>PP</td>
<td>Harry W, Connor C</td>
<td>Guy F-L</td>
</tr>
<tr>
<td>1AR</td>
<td>Heidi C, Zavier W</td>
<td>Jordan P</td>
</tr>
<tr>
<td>1JC</td>
<td>Lucas R, Myra C</td>
<td>Poppy G</td>
</tr>
<tr>
<td>1WA</td>
<td>Matilda T, Bethany S</td>
<td>Cohen M</td>
</tr>
<tr>
<td>1/2LG</td>
<td>Rylee H, Ruby L</td>
<td>Jay K</td>
</tr>
<tr>
<td>2TM</td>
<td>Bethany F, Riley T</td>
<td>Blake B</td>
</tr>
<tr>
<td>2XN</td>
<td>Hayden G, Olivia V</td>
<td>Thomas B</td>
</tr>
<tr>
<td>2VW</td>
<td>Mitchell O, Chloe P</td>
<td>Georgia P</td>
</tr>
<tr>
<td>3D</td>
<td>Kayla D, Sharmika M, Zac P, Tyler G</td>
<td>Matilda P, Lexy M</td>
</tr>
<tr>
<td>3G</td>
<td>Mia W, Scarlett W, Audrey M</td>
<td>Lola G</td>
</tr>
<tr>
<td>3K</td>
<td>Annie M, Victoria B, Dylan K</td>
<td>Tobi M, Zakia R-B</td>
</tr>
<tr>
<td>4AB</td>
<td>Ollie L, Amy P</td>
<td>Marlee S</td>
</tr>
<tr>
<td>4MS</td>
<td>Minh Q, Lucas F</td>
<td>Lily M</td>
</tr>
<tr>
<td>5/6AN</td>
<td>Isabella L-T, Ellena G</td>
<td>Jacob C</td>
</tr>
<tr>
<td>5/6BC</td>
<td>Jett P, Olivia E</td>
<td>Tayja M</td>
</tr>
<tr>
<td>5/6DF</td>
<td>Travis M, Dylan O</td>
<td>Ella S</td>
</tr>
<tr>
<td>5/6MC</td>
<td>Jye P, Emily M</td>
<td>Rhett J</td>
</tr>
</tbody>
</table>
SPORT SHORTS

JUMP OFF DAY

Date: Wednesday September 14th TOMORROW!

To celebrate the skipping students have been learning throughout the term, we will be holding the Montrose Primary Jump Off Day TOMORROW!

Prep – 4 students will participate in one hour of skipping activities (see timetable below), while the Grade 5/6 students will perform their skipping routine at 2:30pm.

Students are to be congratulated on their effort and improvement to learn many different types of skipping throughout the term… forwards, backwards, criss cross, double unders, partner skipping, long rope and much more!

<table>
<thead>
<tr>
<th>Time</th>
<th>Classes</th>
</tr>
</thead>
<tbody>
<tr>
<td>9am – 10am</td>
<td>4B, Prep C, 1C, 2N</td>
</tr>
<tr>
<td>10am – 11am</td>
<td>4S, Prep K, 1R, 2M</td>
</tr>
<tr>
<td>11:30am – 12:30pm</td>
<td>3K, Prep P, 3D, 1A</td>
</tr>
<tr>
<td>12:30pm – 1:30pm</td>
<td>3G, Prep H, 1/2G, 2VW</td>
</tr>
<tr>
<td>2:30pm – 3pm</td>
<td>Grade 5/6 skipping routine – all other classes to come and watch!</td>
</tr>
</tbody>
</table>

Grade 3 and 4 students learning how to play Netball during P.E!

SPORT STAR OF THE WEEK

Name: Ayla C Grade: 3K
Nomination reason: Always having a terrific attitude, good sportsmanship and determination to do her best. What a wonderful year you are having in Sport!

What’s the most important thing about sport? Learning new skills
My favourite sport is: Basketball
My favourite thing about P.E. lessons: Basketball
My favourite football team: Geelong
My sporting hero is: Miss Knell
At lunchtime I like to: Play with my friends
The best thing about school is: Sport and Art
My favourite food: Chocolate
When I grow up I want to be…. I’m not really sure
You Can Do It!

This term's **Key for Success** is Confidence. The habits of mind that go with the Confidence Key are: **Working independently, accepting yourself and taking risks in your work.**

Our YCDI Award winners for this week are:

**Georgia P, 2VW:**  
This student is a self-assured and confident member of our grade. She is always prepared to try new things and rather than being afraid to fail, she always sees mistakes as an opportunity to learn from.

She is admired and trusted by both her teachers and her peers, and she always brings her positive attitude and gigantic smile to class. Congratulations on being such a go-getter!

Well done, **Georgia P**!

---

**Amy McG, 2M:**  
This student has been chosen not because she has the most confidence in our class, but because she has grown in confidence so much since the start of the year. She is beginning to believe in herself and make frequent contributions to class discussions, joining in when she previously would shy away. She is reading out loud with beautiful expression and character voice and is taking risks in her story writing, which has lead to some very entreatying stories. I hope we continue to see you grow for the rest of the year.

Congratulations Amy McG, you deserve it!

---

**Megan B, 5/6B**  
This person is someone who exhibits confidence in a quiet way. She is willing to give every challenge a go and doesn't give up when something is difficult. I have never once heard her mutter "I can't do this". During discussions and introductions she is confident to offer her ideas and answers even if she is not 100% sure it is correct. Amongst her peers, she is always tactful but not afraid to tell them if she is not happy. She will stand up for others and is often a good mediator in social problems.

A confident person is not always the loudest and Megan B. is proof of this.
Georgia P, 2VW

Why do you think you got the award?  
For being confident.

My Hero is:  
My family.

My favourite things about school are:  
Playing.

When I grow up I want to be a:  
Gymnast.

Amy McG, 2M

Why do you think you got the award?  
For being confident.

My Hero is:  
My budgie.

My favourite things about school are:  
Art.

When I grow up I want to be a:  
Puppy walker.
'How many Aussie things in the picnic basket' competition:

(The answer was 35).
5 Winners, with an exact guess:
(prize - some Aussie goodies)
Brody 2M, Nikki 3D, Lucas 4S, Chantal 5/6MC & Jamie 5/6BC.

'Aussie, Aussie, Aussie quiz' competition:

(If you're curious about the answers, come & see me).
6 Winners:
(prize - a book in a library bag)

Congratulations to all the winners!
Thank you to everyone who entered - you all did some terrific searching & guessing.
Aussie, Aussie, Aussie for Book week

Our dress-up day for the Children's Book Week celebrations is always lots of fun! Inspired by the Book Week theme 'Australia: Story country', your 'Aussie, Aussie, Aussie' costumes were inventive and imaginative.

Did you see all the Aussie book characters? Did you work out what book they came from? I saw the May Gibbs gumnut babies, Snugglepot & Cuddlespie, Hush & Grandma Poss from Possum Magic, Mulga Bill, Koala Lou & Blinky Bill. I also saw Grug, Alice-Miranda, Josephine, Miss Lily, the Saddle Club girls & Mem Fox's green sheep. Specky Magee, Andy Roit, Andy from the treehouse & the old lady who swallowed a mozzie were parading around too! And it was so good to see John Brown, Rose & the midnight cat!

You couldn't miss seeing the many Aussie animals - koalas, kangaroos, possums, bilbies, echidnas, wombats, fairy penguins, a crow, a wedge-tailed eagle, an emu, a kookaburra & some sulphur-crested cockatoos. But most amazing to see was the extinct Tasmanian tiger! How exciting, right here in Montrose!

Some very Aussie icons paraded around too - Vegemite, Weetbix & lamingtons! And of course there was a fly! There was the Australian flag, blossom, wattle, gumnuts, jillaroos & jackaroos, swaggles, bushrangers (including Ned Kelly), ANZAC soldiers, the Easter Bilby & the dog on the tuckerbox. Even the gorgeous Dame Edna Everage joined our parade!

Aussie sportspeople came along too - Don Bradman & some cricketers, some Socceroos, & lots of Aussie Rules footballers & supporters.

There were other book characters too - Hairy Maclary, a pig called Pete, Thing 2, the Cat in the Hat, Little Miss Chatterbox, Diary of a wimpy kid, Little Red Riding Hood, Harry Potter & a unicorn (was that Thelma the unicorn?).

Our teachers were spectacular too - did you see the man from Snowy River (Mrs Kennedy), Phoebe from Feathers for Phoebe (Mrs Johnson) & the Aussie Dad (Mrs Gardner)? Grug (Mrs Head) & the green sheep (Miss Caulfield) were there, as was the giraffe in the bath (Mrs Gardiner) & Madeline (Mrs Kidner). There was also a bogan (Mr Nowicki), a koala (Mrs Feenane), Hush the possum (Miss Smith) & Aussie Rules player (Mrs Zane). Grandma Poss (Mrs Johnson-Clarke) photographed everyone, while Mr Pollard was our MC. What a wonderful Book Week parade!

Thank you to all the students, teachers & parents/carers/grandparents who put so much effort, creativity, invention & imagination into the costumes (you are truly wonderful!) A huge thankyou, also, to the terrific audience of parents, carers & grandparents who came along for the parade!
Uniform Shop Volunteers
Can you help?

My youngest child will be heading to high school next year, so it is time for me to hand over the running of the uniform shop.

Ideally you will be able to start soon as Prep transitions are starting and we could really do with an extra pair of hands. This will also give you plenty of time to find out what we do.

If you think you may be able to help out and would like some more information, please pop into the uniform shop on a Wednesday afternoon or contact Tamara on 0438 093 992 to find out more.

Additional Opening Hours During Prep Orientation

Regular Weekly Opening Time – Wednesday 2.45pm – 3.30pm

Additional Prep Transition Opening Times
Friday October 7th 2.15pm – 3.30pm
Friday October 21st 2.15pm – 3.30pm
Friday November 4th 2.15pm – 3.30pm
Friday November 18th 2.15pm – 3.30pm

Orientation Day
Tuesday 6th December 9.00am – 11.00am
We will also be open during January book collection.

************************************************************************
Planter Boxes

The School Council, together with the Parents Club and the staff and students have been working on the planter box gardens for the new space outside the Grade 1 & 2 classrooms.

Here are some students hard at work.

Stay tuned for more updates next term.

Have a safe and happy holiday from the Parents Club.
The Little Flower Shoppe
beautiful flowers for
home • weddings • events • corporate
seasonal plants • giftware • chocolates
delivery
03 9728 2835
84 Mt Dandenong Rd, Montmorency, Victoria, 3095
www.thelittleflowershoppe.com.au
flowers@thelittleflowershoppe.com.au
facebook.com/thelittleflowershoppe

DON’T LOSE THIS NOTICE
Term 4 2016
ENROL NOW
KEYBOARD LESSONS AT SCHOOL
IN-SCHOOL TIME

YOUR CHILD DESERVES THIS CHANCE
THIS IS YOUR OPPORTUNITY
Enrol Now in .............
Piano on Keyboard Lessons
$17.00 per HALF HOUR lesson
* Convenient – in-school time
* Inexpensive
* Learn with Friends
* All equipment provided
* INDIVIDUAL tuition

ONE FREE LESSON
IF YOU ENROL NOW
Phone 9761 9058

Lose 2-4kg of Body Fat
In 14 Days.
GUARANTEED!

ALL FOR ONLY $29

Contact Damian on
0415 469 496 for
more information

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Croydon 3136
Ph 0415 469 496
croydon@snapfitness.com.au

looking for something to keep your children busy that isn’t electronic?

Then call in to
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Specialists in Children’s Art and Craft Materials
Paints and Brushes  Modelling Materials
Papas and Beads  Crayons and Pastels
Pencils and Markers  Scissors and Glues
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The Department of Education & Early Childhood Development does not endorse the products or services of any private advertiser. No responsibility is accepted by the Department of Education & Early Childhood Development for accuracy of information contained in the advertisements to claims made by them.
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AUSTRALASIAN NATIVE ORCHID SOCIETY (ANOS) MELBOURNE SUBURBS GROUP

2016 Spring Show
Montrose Public Hall (Mel. 52 C7)
Saturday 24th Sept. 10am - 4pm

An exciting and varied collection of Australian orchids will be on display. The opportunity of seeing such an unusual and different selection of orchids is truly unique.

Members will be on hand to give information on these plants and how to grow them. There will also be a sales area.

Entry to Show $2.00

For further information: www.anos.com.au

Free Open Night.

Enjoy playing table tennis? Come and try our fabulous facility and see just how much fun you can really have playing an active sport! We cater for all abilities:- starter to experienced player, Junior to Senior.

Kilsyth Sports Centre,
123 Liverpool Rd Kilsyth,
Thursday 29th September
from 7-11pm.
Andrew 0449 911 349

MONTROSE COMMUNITY MARKET

The next market will be held on
Saturday 17th September
9.00am – 1.00pm.

Held on the green opposite the shops.

New stallholders welcome.
For further information please contact
Lesley Moore on 9779 6057

OPEN DAY

Fire Rescue
Demonstrations

BBQ

Kids Activities

Where: 977-979 Mt Dandenong Rd
When: Sunday 16th October 9:30 AM to 3 PM
**A Max Brown Real Estate Local Personal Agent**

**Is An Agent Like No Other**

Max Brown is the largest independent real estate group in the area.

We bring 58 years of marketing expertise and systems in place to market
and sell your property for a maximum result.

Being independent means I am not tied to any one office, or area, and
neither are my colleagues.

All of our 20 sales agents, from 7 office locations, work collectively to ensure
you receive maximum exposure when marketing your home for sale.

The proof is in our results!

**Current** Median Sale Price for Montrose **$624,000**

& Average Days on Market – 28

**Max Brown** Current Median Sale Price **$660,000**

& Average Days on Market - 16

If you are thinking of selling and would like to learn more about how we
achieve this, either give me a call or come and chat to me on the basketball
courts at afternoon pick up.

---

**Montrose Vikings Basketball Club**

**RECRUITING FOR SUMMER SEASON 2016/2017**

Teams have been finalized for the Summer Season but we still have a few spots to fill in some teams.

**Season begins on 1st October 2016**

**Term 1**

- **Miniball Boys** – born 2009 & 2010 – need 3 players
- **U15 Boys** – born 2002 – 1 player – great spot for a beginner; C grade team
- **Miniball Girls** – born 2010 & 2011 – need 7 players
- **U10 Girls** – born 2007 – need 3-4 players – desperate need
- **U12 Girls** – born 2005-2006 – need 2 players
- **U16 Girls** – born 2002 – need 2 players
- **U16 Girls** – born 2000 – need 2 players

If you are interested or have any queries please contact

Natalie Johnson on 0409 982 213 or

register your interest at


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**Montrose Vikings Basketball Club**

G PO Box 290, Montrose, Vic, 3136

Contact us @ info@montrosevikingsonline.com.au

Follow us on our FACEBOOK page at

https://www.facebook.com/groups/montrosevikings/
Winter Wednesday's Canteen Menu 2016
Terms 2 & 3

Please place correct money in paper bag/lunch wallet with your child's name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you. Snacks and drinks will also be for sale at play times.

**SOUP** (homemade and served with a dinner roll) $4.00

Soup flavour of the week will be advertised in the newsletter the week before.
All soups need to be pre-ordered. Please fill out an order form and hand into the office by 3.30pm Tuesday.
Order forms will come home with your child each Monday night. If extra food is ordered this can be done with the soup order on a paper bag/lunch wallet or include 20c for a bag. All other orders that do not include soup can be handed in as usual on Wednesday morning.

<table>
<thead>
<tr>
<th>Hot Food</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Cruiser Pie</td>
<td>3.50</td>
</tr>
<tr>
<td>Mini Meat Pie</td>
<td>1.50</td>
</tr>
<tr>
<td>Macaroni Cheese</td>
<td>3.50</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>3.50</td>
</tr>
<tr>
<td>Corn Cobbett</td>
<td>1.00</td>
</tr>
<tr>
<td><strong>Mexican Wrap</strong> (sweet chilli chicken tender wrapped in a tortilla with cheese, avocado, tomato, lettuce)</td>
<td>3.80</td>
</tr>
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<table>
<thead>
<tr>
<th>Jafflies</th>
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</thead>
<tbody>
<tr>
<td>Baked bean</td>
<td>3.00</td>
</tr>
<tr>
<td>Cheese &amp; Tomato</td>
<td>2.80</td>
</tr>
<tr>
<td>Ham, Cheese &amp; Tomato</td>
<td>3.60</td>
</tr>
<tr>
<td>Chicken &amp; Cheese</td>
<td>3.50</td>
</tr>
<tr>
<td>Cheese</td>
<td>2.50</td>
</tr>
<tr>
<td>Ham &amp; Cheese</td>
<td>3.50</td>
</tr>
<tr>
<td>Tuna &amp; Cheese</td>
<td>3.50</td>
</tr>
<tr>
<td>(plain tuna or tomato onion flavour)</td>
<td></td>
</tr>
</tbody>
</table>

**HOT MILO!!!!**

$1.00

<table>
<thead>
<tr>
<th>Snacks</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Apple slinky</td>
<td>0.80</td>
</tr>
<tr>
<td>Apple from home slinky</td>
<td>0.20</td>
</tr>
<tr>
<td>Fruit cubes – strawberry or apricot</td>
<td>0.20</td>
</tr>
<tr>
<td>Dried Fruit – apple or apricot</td>
<td>0.20</td>
</tr>
<tr>
<td>Milo Crunchy Bites /Wild Berry Bites</td>
<td>0.05</td>
</tr>
<tr>
<td>Homemade Anzac biscuit</td>
<td>0.20</td>
</tr>
<tr>
<td>Piranha Veggie Chips bbq/s&amp;v/honey soy</td>
<td>1.20</td>
</tr>
<tr>
<td>Sakatas Rice Crackers bbq/chick</td>
<td>0.70</td>
</tr>
<tr>
<td>Popcorn (butter/salt&amp;vin/cheese)</td>
<td>1.20</td>
</tr>
<tr>
<td>Raisin Toast (buttered)</td>
<td>0.50</td>
</tr>
<tr>
<td>Homemade Fruit Muffins</td>
<td>1.50</td>
</tr>
<tr>
<td>Choc Chip Go Cookie</td>
<td>1.20</td>
</tr>
<tr>
<td>Jam Drop/Honey Butterfly (allergy friendly)</td>
<td>1.50</td>
</tr>
<tr>
<td>Fruit and Nut Ball (homemade GF)</td>
<td>0.50</td>
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<table>
<thead>
<tr>
<th>Drinks</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Just Juice – orange or paradise punch</td>
<td>1.50</td>
</tr>
<tr>
<td>Flavoured Milk – choc or strawb</td>
<td>2.50</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Frozen Snacks</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Golden Circle Fruit tubes</td>
<td>1.00</td>
</tr>
<tr>
<td>Moosies Milk Freeze (choc/strawb/blue/ban)</td>
<td>1.50</td>
</tr>
<tr>
<td>Bulla Fruit and Yogurt stick</td>
<td>1.50</td>
</tr>
<tr>
<td>Frozen Juice cups (apple/orange)</td>
<td>1.20</td>
</tr>
<tr>
<td>Frozen Pineapple Rings (counter sale only)</td>
<td>0.40</td>
</tr>
</tbody>
</table>

**Fresh Fruit Bowl**
Fresh fruit in season sold over the counter

Issue Date: 18 April 2016
Friday Canteen Menu 2016

Please place correct money in a paper bag / lunch wallet with your child’s name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

Snacks and drinks will also be sold over the counter at play times.

**Sandwiches/Rolls**
Rolls EXTRA 30c
- Salad (tomato, cucumber, carrot, beetroot, lettuce) 3.50
- Ham/Chicken (add 20c per salad item) 3.00
- Tuna (plain or tomato, onion flavour) 3.00
- Egg and Lettuce 3.00
- Vegemite / Cheese 2.00
- Vegemite and Cheese 2.40

**Jaffles**
- Baked bean 3.00
- Cheese 2.50
- Cheese and tomato 2.80
- Ham and cheese 3.50
- Ham, cheese and tomato 3.60
- Tuna (plain/tom) and cheese 3.50
- Chicken and cheese 3.50

**Salad Box** BYO fork please
- Egg salad (lettuce, tomato, cucumber, carrot) 3.50
- Cheese salad 3.50
- Chicken salad 3.50
- Ham salad 3.50
- Tuna salad (plain/tom, onion flavour) 3.50

**Wraps**
- ½ wraps available 2.80
- Tuna, cheese and salad 4.50
- Ham, cheese and salad 4.50
- Chicken, cheese and salad 4.50
- Salad and cheese 4.00

**Extras Add:**
- Salad item – 20c, cheese – 40c, avocado – 50c, tortilla chips – 1.00, tomato sauce & mayo – 20c each

**Sushi Rolls**
- Teriyaki chicken and cucumber 2.80
- Tuna and avocado 2.80
- Soy sauce 0.10

**Fresh Fruit Salad (ONLY TERMS 1&4)**
(melons, kiwi, strawbs, grapes etc) 4.00
ADD scoop of vanilla yoghurt 0.50

**Fresh Fruit Bowl** – pieces of fruit in season sold over the counter 0.50-1.00

**Hot Food**
- Cruiser Pie (Mrs Mac’s light) 3.50
- Mini Meat Pie (Mrs Mac’s good eating) 1.50
- Pizza - Hawaiian 3.00
- Margherita 3.00
- Sausage Roll (Mrs Mac’s good eating) 2.80
- Macaroni Cheese 3.50
- Fried Rice 3.50
- Hot roast chicken and gravy roll 3.20
- (long white roll – cheese extra 40c)
- Corn cobbett 1.00
- Tomato sauce 0.20

**Snacks**
- Apple slinky 0.80
- Apple from home made into slinky 0.20
- Fruit cubes – strawberry or apricot 0.20
- Milo Crunchy Bites/Wild Berry Bites 0.05
- Dried fruit - apple - 20c or apricot - 0.20
- Vegie chips - bbq cheese/S&V/honey soy 1.20
- Popcorn – butter/S&V/cheese 1.20
- Sakatas Rice Crackers bbq/chicken 0.70
- Homemade Anzac 0.20
- Buttered Raisin toast 0.50
- Homemade Fruit Muffin 1.50
- Choc Chip Go Cookie 1.00
- Jam Drop/Honey Butterfly(allergy friendly-GF) 1.50
- Fruit and Nut Balls (GF) 0.50

**Frozen Snacks**
- Golden Circle 99% fruit tube 1.00
- Moosies Milk Freeze (all flavours) 1.50
- Bulla Fruit and Yoghurt stick 1.50
- Frozen Juice cups (apple/or) 1.20
- Frozen pineapple rings (counter sale only) 0.40

**Drinks**
- Just Juice (200ml)
  - orange/paradise punch 1.50
- Flavoured Milk (250ml)
  - chocolate/strawberry 2.50