

# Friday Canteen Menu 2019 – Term 1

Please place correct money in a paper bag / lunch wallet with your child's name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

**Snacks and drinks will also be sold over the counter at play times.**

## Sandwiches/Rolls - rolls EXTRA 30c

Salad – lettuce, tomato, cucumber, carrot (beetroot optional)	3.90
Ham/Chicken/Tuna and Salad	4.40
Ham/Chicken	3.30
Tuna (plain or tomato, onion flavour)	3.30
Egg and Lettuce	3.30
Vegemite / Cheese	2.30
Vegemite and Cheese	2.70

## Jaffles

Baked Bean	3.30
Cheese	2.80
Cheese and Tomato	3.00
Ham and Cheese	3.90
Ham, Cheese and Tomato	4.00
Tuna (plain or tom/onion) & Cheese	3.90
Chicken and Cheese	3.90

## Salad Box

Egg Salad - lettuce, tomato, cucumber, carrot	3.90
Cheese Salad	3.90
Chicken Salad	3.90
Ham Salad	3.90
Tuna Salad (plain/tomato & onion)	3.90

## Wraps

	Small	Large
Chicken Tender	3.90	4.90
- chicken, lettuce, carrot, cheese		
Mex Wrap	4.20	4.90
- sw. chilli chicken, lettuce, tomato, avocado, cheese		
Tuna, Cheese & Salad	3.90	4.90
Ham, Cheese & Salad	3.90	4.90
Chicken, Cheese & Salad	3.90	4.90

## **ADD extra Salad items, Mayo or Sweet chilli sauce**

Salad item 30c, cheese 50c, avocado 60c, tortilla chips \$1.00, tomato sauce 20c, **mayo/sweet chilli sauce 10c**

## Sushi Rolls (Freshly Made)

Teriyaki Chicken and Cucumber	3.00
Tuna and Avocado	3.00
Soy Sauce	0.10

## Fresh Fruit Salad (TERMS 1 & 4 ONLY)

(melons, kiwi, strawbs, grapes etc.)	4.00
<b>ADD</b> scoop of vanilla yoghurt	0.50
<b>Fresh Fruit Bowl</b> – pieces of fruit in season sold over the counter	0.50-1.00

## Hot Food

Cruiser Pie (Mrs Macs light)	3.80
Mini Meat Pie (Mrs Macs good eating)	1.50
Pizza - Hawaiian	3.30
- Margarita	3.30
Sausage Roll (Mrs Macs good eating)	2.90
Macaroni Cheese	3.90
Lasagne ( <b>GF option avail \$4.80</b> )	3.90
Hot Roast Chicken and Gravy roll (long white roll – cheese extra 50c)	3.50
Corn Cobbett	1.00
Tomato Sauce	0.20

## Snacks

Apple Slinky (or 20c byo apple)	1.00
Fruit Cubes – apricot	0.20
Coconut Swirl	0.20
Fruugo - Yoghurt berry Balls \$1.40 pkt or	0.10
Wild Berry Bites	0.05
Dried Fruit – apple or apricot	0.20
Red Rock Deli Chips- Honey Soy or Sea Salt	1.40
Popcorn – butter or cheese (GF)	1.40
Sakatas Rice Crackers bbq/chicken (GF)	0.80
Homemade Anzac	0.25
Homemade Fruit Muffin	1.50
- Mini size Muffin	0.50
Snickers Slice (home made raw food treat)	1.50
Raisin Toast - buttered	0.50
Smilie Face Cookie (GF) – fresh from patisserie	2.00
Choc Chip Go Cookie	1.20
<b>Frozen Snacks</b>	
Moosies Milk Freeze (all flavours)	1.50
Juicies – calipo style(Tropical/Orange)	1.50
Bulla Fruit and Yoghurt stick	1.50
Nice n Joosey 99% fruit tube (various flavours)	1.00
Frozen Pineapple Rings	0.60

## Drinks

Just Juice (200ml)	
- orange/paradise punch	1.50
Flavoured Milk (250ml)	
- chocolate/strawberry	2.50

GF = Gluten Free