

# Friday Canteen Menu 2019 – Term 2 & 3

Please place correct money in a paper bag / lunch wallet with your child's name, grade and order on the front. Please include 20c if you do not have a lunch bag and we will provide one for you.

**Snacks and drinks will also be sold over the counter at play times.**

## **Sandwiches/Rolls - rolls EXTRA 30c**

Salad – lettuce, tomato, cucumber, carrot (beetroot optional)	3.90
Ham/Chicken/Tuna and Salad	4.40
Ham/Chicken	3.30
Tuna (plain or tomato, onion flavour)	3.30
Egg and Lettuce	3.30
Vegemite / Cheese	2.30
Vegemite and Cheese	2.70

## **Jaffles**

Baked Bean	3.30
Cheese	2.80
Cheese and Tomato	3.00
Ham and Cheese	3.90
Ham, Cheese and Tomato	4.00
Tuna (plain or tom/onion) & Cheese	3.90
Chicken and Cheese	3.90

## **Salad Box**

Egg Salad - lettuce, tomato, cucumber, carrot	3.90
Cheese Salad	3.90
Chicken Salad	3.90
Ham Salad	3.90
Tuna Salad (plain/tomato & onion)	3.90

## **Wraps**

Small wraps available	3.50
Chicken Tender	3.90
Mex Wrap	4.20
Tuna, Cheese and Salad	4.90
Ham, Cheese and Salad	4.90
Chicken, Cheese and Salad	4.90
Salad and Cheese	4.40

## **Extras Add:**

Salad item 30c, cheese 50c, avocado 60c, tortilla chips \$1.00, tomato sauce 20c, mayo/sweet chilli sauce 10c

## **Sushi Rolls (Freshly Made)**

Teriyaki Chicken and Cucumber	3.00
Tuna and Avocado	3.00
Soy Sauce	0.10

## **Fresh Fruit Salad (TERMS 1 & 4 ONLY)**

(melons, kiwi, strawbs, grapes etc.)	4.00
<b>ADD</b> scoop of vanilla yoghurt	0.50

**Fresh Fruit Bowl** – pieces of fruit in season sold over the counter 0.50-1.00

## **Hot Food**

Cruiser Pie (Mrs Macs light)	3.80
Mini Meat Pie (Mrs Macs good eating)	1.50
Pizza - Hawaiian	3.30
- Margarita	3.30
Sausage Roll (Mrs Macs good eating)	2.90
Macaroni Cheese	3.90
Lasagne ( <b>GF option avail \$4.80</b> )	3.90
Hot Roast Chicken and Gravy roll (long white roll – cheese extra 50c)	3.50
Corn Cobbett	1.00
Tomato Sauce	0.20

## **Snacks**

Apple Slinky	1.00
Apple from home made into slinky	0.20
Coconut Swirl	0.20
Fruit Cubes – apricot only	0.20
Wild Berry Bites	0.05
Dried Fruit – apple or apricot	0.20
Red Rock Deli Chips – Honey Soy/Sea Salt	1.40
Popcorn – butter/S&V/cheese(GF)	1.40
Sakatas Rice Crackers bbq/chicken (GF)	0.80
Homemade Anzac	0.25
Homemade Fruit Muffin	1.50
- Mini size Muffin	0.50
Snickers Slice (home made raw food treat)	1.50
Raisin Toast - buttered	0.50
Emoji Cookie (GF) – fresh from patisserie	2.00
Gingerbread Man	1.80

## **Frozen Snacks**

Moosies - Milk Freeze (all flavours)	1.50
Juicies – calipo style(Tropical/Orange)	1.50
Bulla Fruit and Yoghurt stick	1.50

## **Drinks**

Just Juice (200ml)	
- orange/paradise punch	1.50
Flavoured Milk (250ml)	
- chocolate/strawberry	2.50

GF = Gluten Free