



# Sun Smart Policy

## **Rationale:**

- Over exposure to the sun presents a serious health risk. Students must therefore be educated as to the need for suitable sun protection, and protected from over exposure to the sun whilst at school.

## **Aims:**

- To educate students as to suitable sunsmart protection strategies.
- To encourage children and teachers to protect themselves from the harmful effects of the sun.

## **Implementation:**

- Children will be required to wear School Council approved school uniform, which will include broad brimmed hats (at least 6 cm rigid brim) during terms 1 and 4 whenever they are outside.
- Staff will act as role models by also wearing broad brimmed hats when outside.
- Children without broad brimmed hats will be restricted to play in designated shaded areas.
- Children will be actively encouraged to wear a broad-spectrum water resistant sunscreen (SPF30+). It is the responsibility of parents to supply sunscreen. Children are to apply their own sunscreen.
- Whenever possible, outside activities on hot days will be scheduled earlier in the day.
- The school newsletter and school assemblies will be used to highlight and reinforce the sunsmart message.
- Sunsmart activities and sun protection will form part of the Health and Physical Education curriculum at all year levels.

## **Evaluation:**

- This policy will be reviewed as part of the school's review cycle.

**Ratified at School Council:** 24<sup>th</sup> March 2015

**Due for review:** March 2018